

# The Role of Non-Intrusive Approaches in the Development of People-Aware Systems

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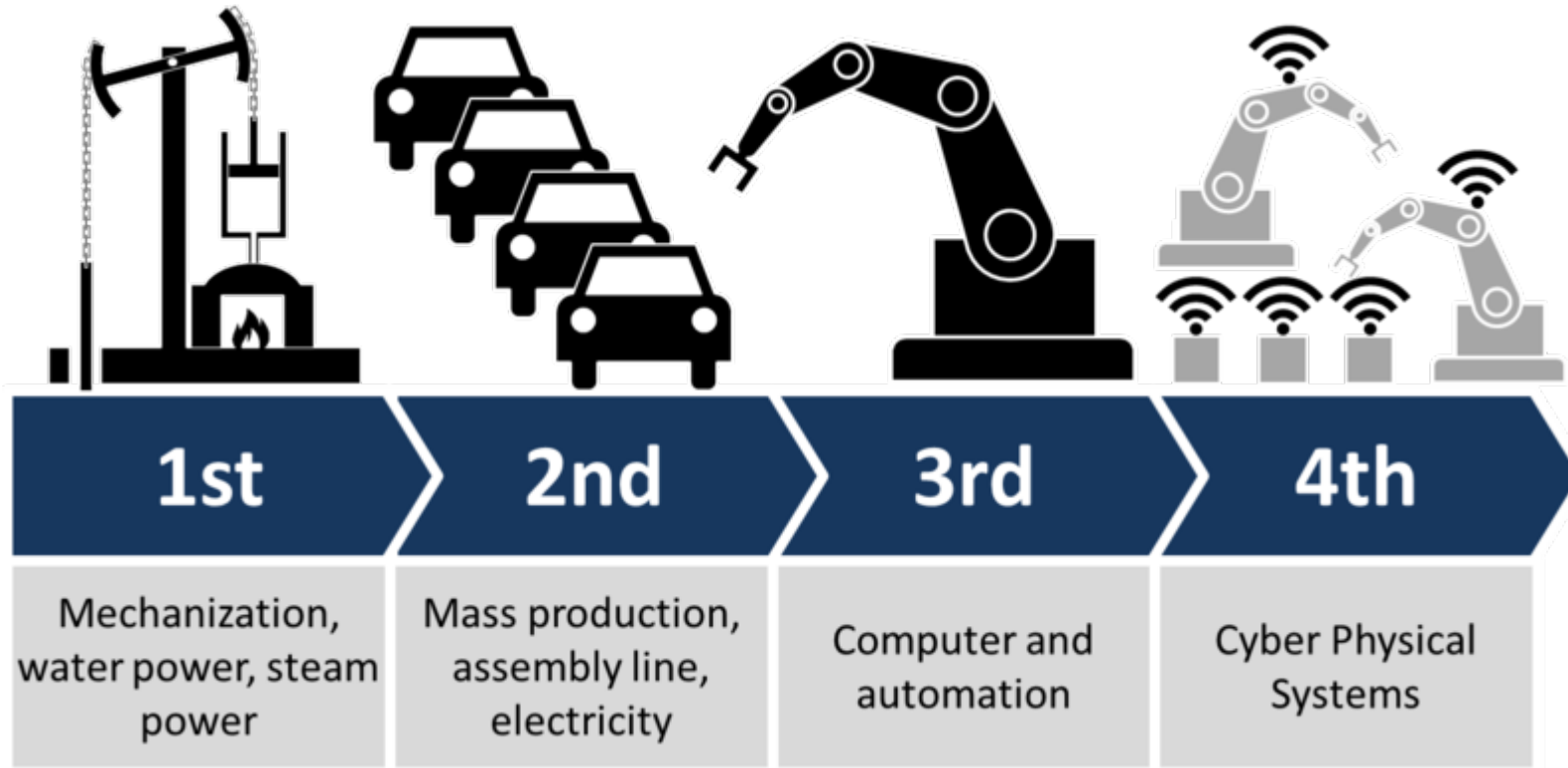
Spanish Summer School on Artificial Intelligence (EVIA 2016),

Carmona (Seville), Spain, 2016.06.15





# The New Revolution



*The 4 Industrial Revolutions (by Christoph Roser at AllAboutLean.com)*

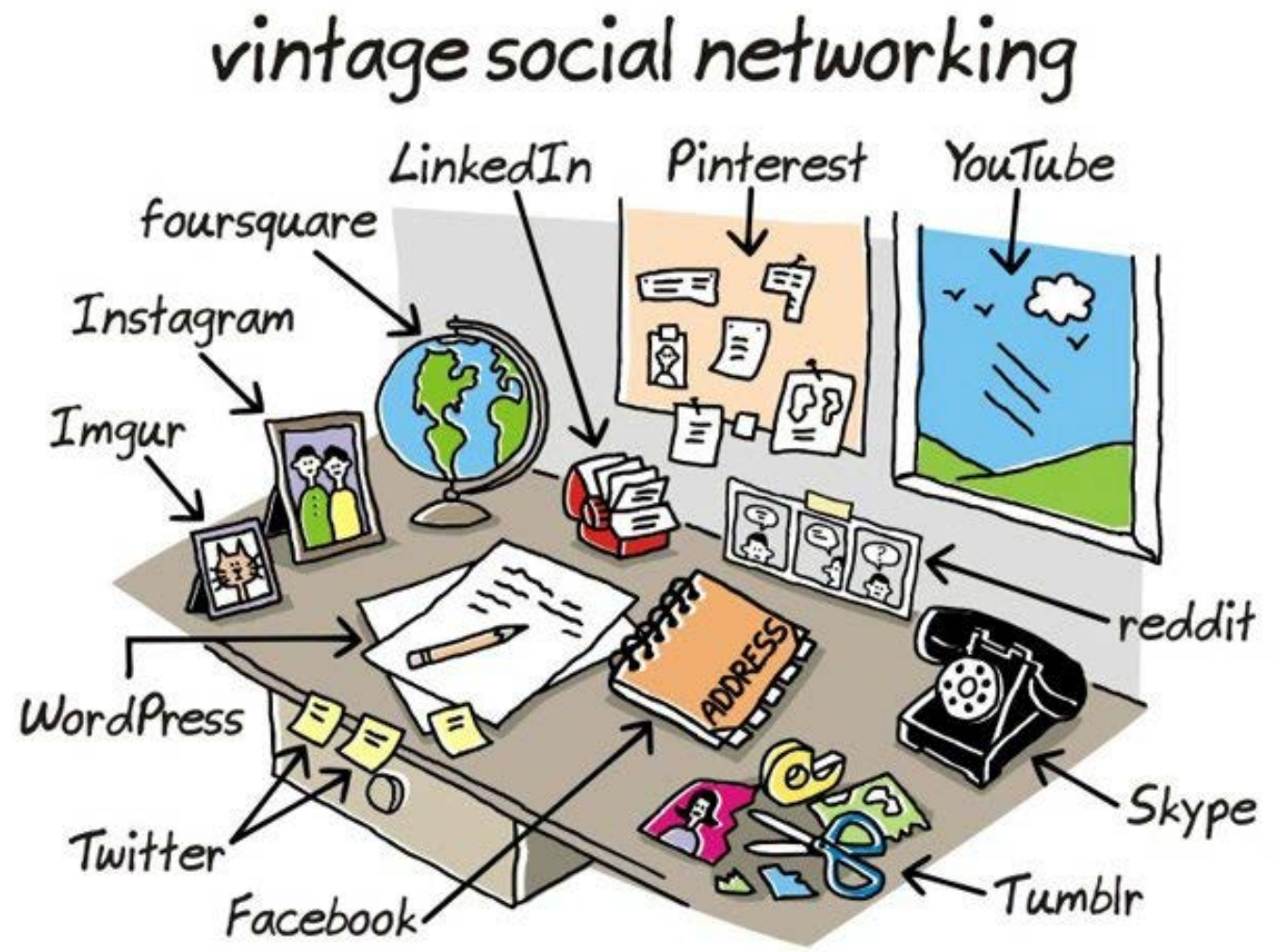


The New Real World





New "smarter" Tools



<http://wronghands1.wordpress.com>

© John Atkinson, Wrong Hands



# Digital Lifestyle

“In the years ahead, further exciting innovations will unify the software, hardware and services in people’s lives, offering them even richer, more engaging and deeply connected experiences.”

Bill Gates, Outlines Vision for the Digital Lifestyle (2006)



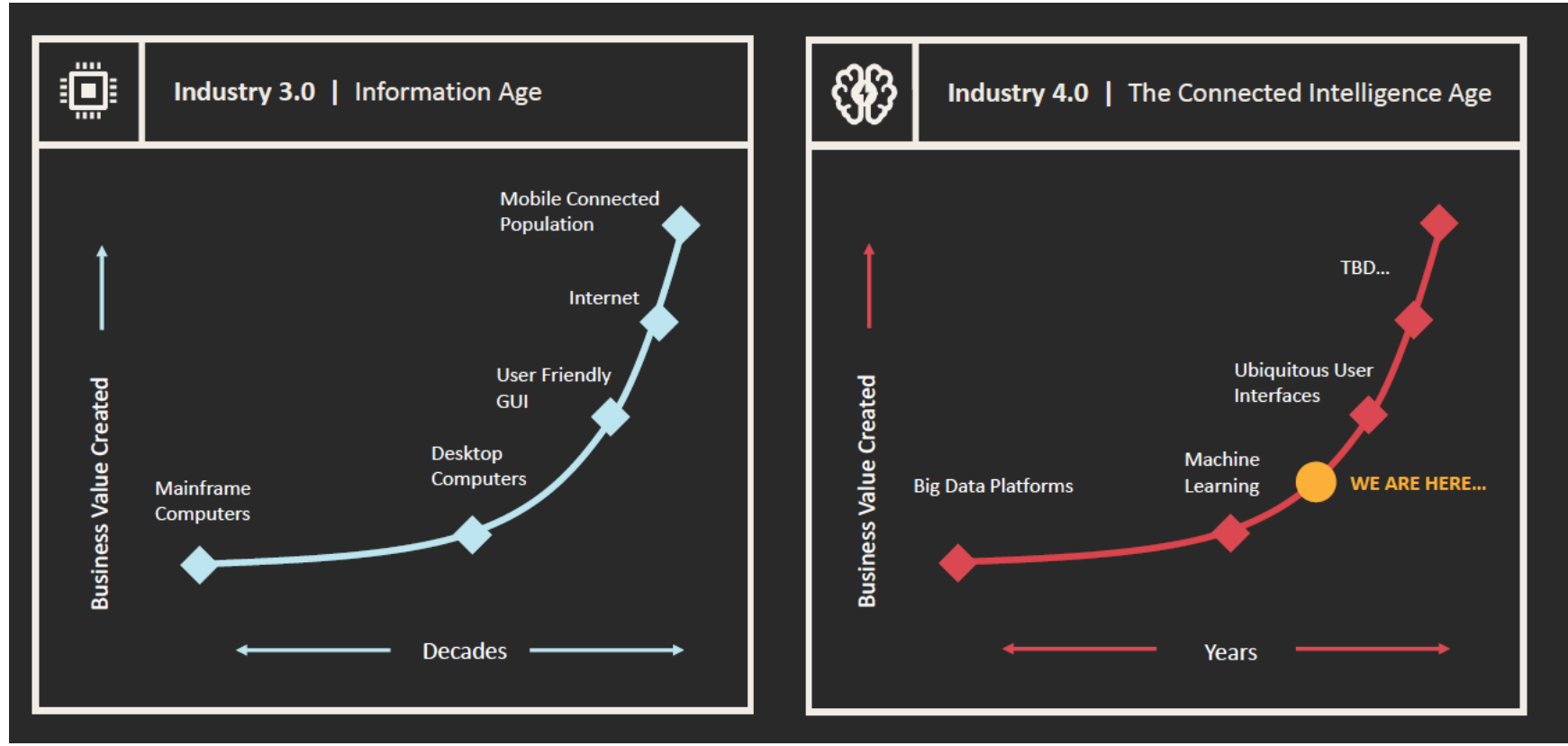


New ways

**“Computing is not about computers any more.  
It is about living.”  
Nicholas Negroponte**



The AI time



Josh Sutton, Publicis.Sapient, 2016







# Ambient Intelligence

Pattie Maes (MIT)

"Ambient Intelligence envisions a world where people are surrounded by Intelligence and intuitive interfaces embedded in the everyday objects around them"

Elisabetta Farella (University of Bologna)

"These interfaces recognize and respond to the presence and behavior of an individual in a personalized and relevant way"

Juan Carlos Augusto (University of Ulster)

"A digital environment that helps people in their daily lives, in a sensible way"



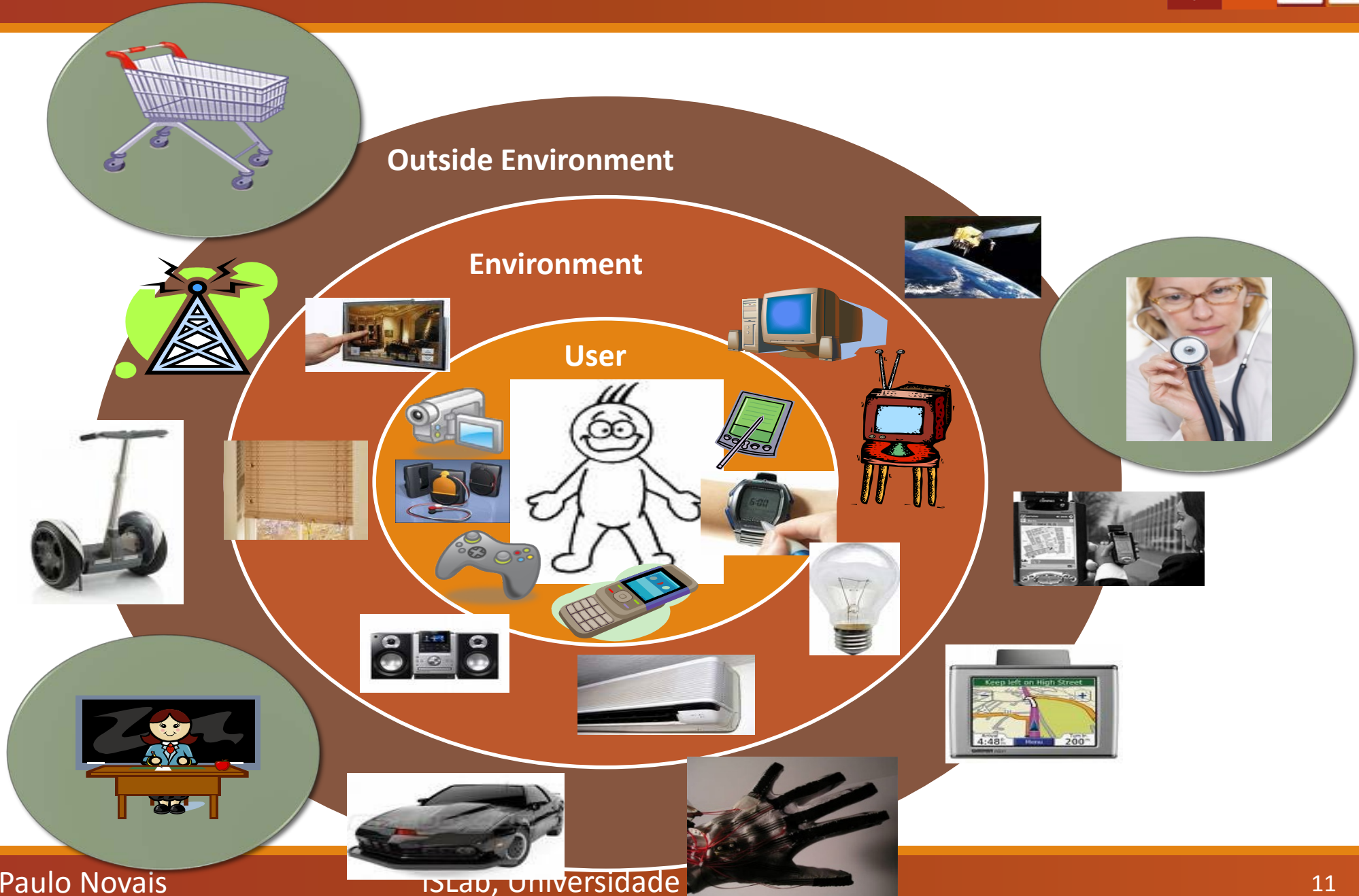
# Ambient Intelligence

Ambient Intelligence presents a new approach to the surrounding environment, where devices are spread everywhere (**ubiquity**), eventually included in objects (**embedded systems**), allowing the human being to interact in the real world in an intelligent and discrete way (**pervasive computing**).

These environments should be aware of people's needs (**contextual awareness**), with custom requirements and forecasting behaviours.



# Ambient Intelligence





# Introduction

Most of our actions generate data





# Introduction

Most of our actions generate data





# Introduction

Most of our actions  
generate data





# Big Data

Things one can do at a large scale that cannot be done at a smaller one





Extract data from  
our interaction  
patterns

*How* do people  
interact?

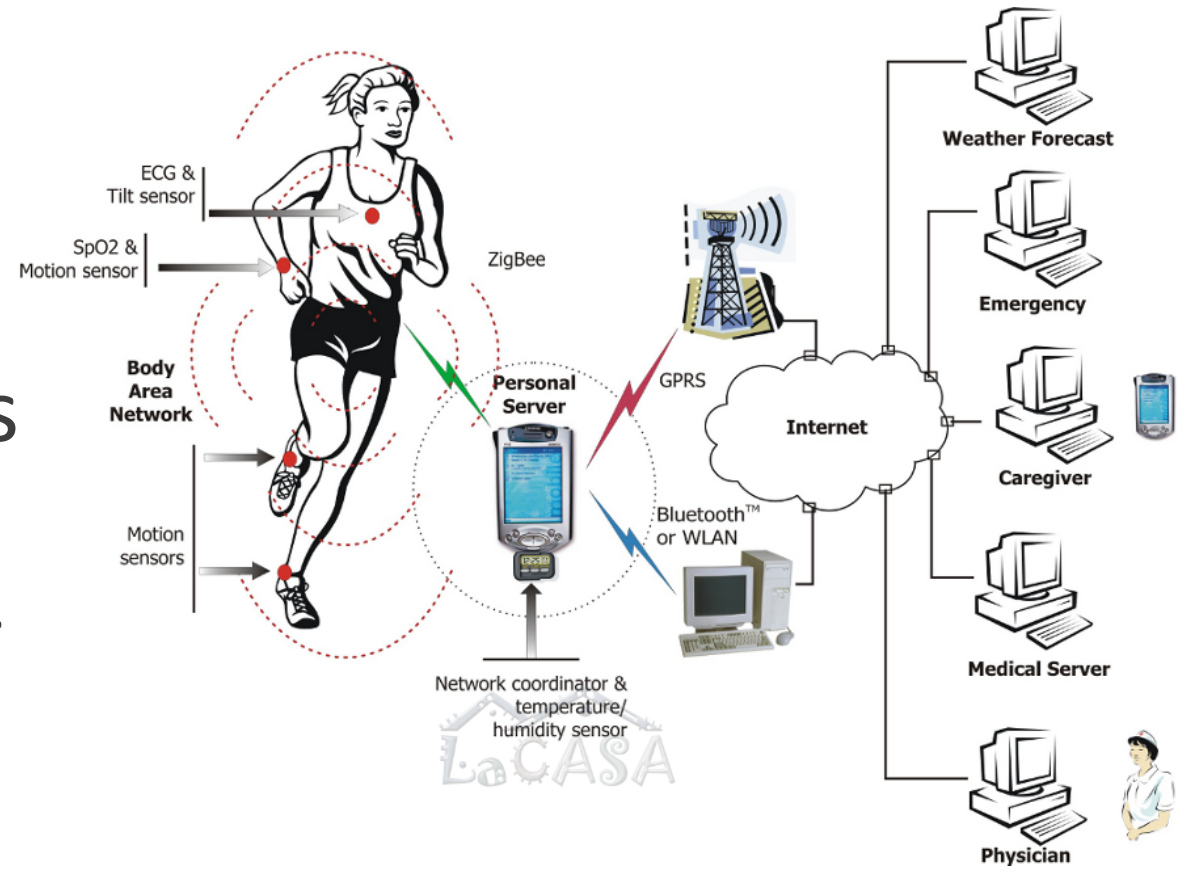






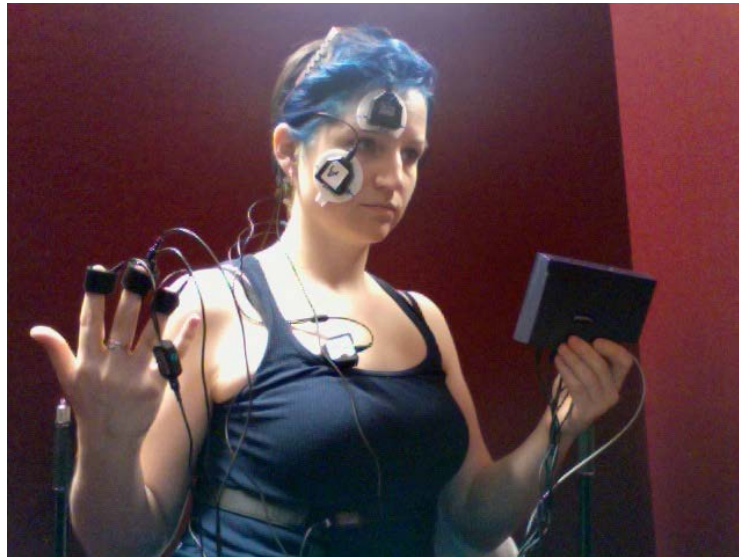
Introduction

There is, currently, a significant interest in consumer electronics in applications and devices that monitor and improve the user's well-being





Nonetheless, existing approaches are generally based on physiological sensors





# Introduction

We propose a new approach to the problem in which user behavioral cues are used as an input to assess inner state.

Our reactions to everyday events, our behavior, are a result of our inner state.

If we interpret someone's behavior, we are able to “guess” how she/he feels.



# Introduction

Main goal: a non-intrusive system for acquiring contextual information about human users;

This will allow the development of unobstrusive, pervasive and sensitive Ambient Intelligent Systems;

This innovative approach has been validated by research in the last years.

# Current State

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# Scenarios for 2010

The ISTAG proposed 4 scenarios that would be reality by 2010

One describes 'D-Me': an avatar of the user, which constantly monitors the user's behaviors, so as to build a complete and up-to-date profile

This avatar, embodied in the clothes of the user, can then take some decisions that resemble the ones that would be (and were) taken by the user, in similar situations



Main characteristics: sensitive, responsive, adaptive, transparent, ubiquitous, and inteligente

Some of these characteristics depend on technological evolution



On what does the *sensitive* characteristic depends?

Traditional answer: on the development of sensors, especially physiological sensors (hard sensors)

Our answer: on the development of soft-sensors, especially behavioral ones



# Traditional approaches

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Acquisition of information for

Stress

Fatigue

Performance



# Traditional Approaches

Traditionally, two main approaches can be followed to acquire information about an individual

- (1) Questionnaires or surveys, used mostly by psychology
- (2) Physiological sensors, used mostly by medicine



# Questionnaires

Are an inexpensive approach to collect vast amounts of information

Do not represent a very significant effort for the researcher

Easy to compile data

Can be administered either by the researcher or by anyone else, possibly remotely



# Subjective Measures

- Self-Report
- Questionnaires
- Fatigue Index

Questionnaire

Task Questionnaire - Part 1

Click on each scale at the point that best indicates your experience of the task

Mental Demand

Low High

Physical Demand

Low High

Temporal Demand

Low High

Performance

Good Poor

Effort

Low High

Frustration

Low High

Cancel Continue



# Fatigue Severity Scale

### Fatigue Severity Scale (FSS)

During the past week, I have found that	Disagree ←	↔	→ Agree
1. My motivation is lower when I am fatigued.	1	2	3 4 5 6 7
2. Exercise brings on my fatigue.	1	2	3 4 5 6 7
3. I am easily fatigued.	1	2	3 4 5 6 7
4. Fatigue interferes with my physical functioning.	1	2	3 4 5 6 7
5. Fatigue causes frequent problems for me.	1	2	3 4 5 6 7
6. My fatigue prevents sustained physical functioning.	1	2	3 4 5 6 7
7. Fatigue interferes with carrying out certain duties and responsibilities.	1	2	3 4 5 6 7
8. Fatigue is among my 3 most disabling symptoms.	1	2	3 4 5 6 7
9. Fatigue interferes with my work, family, or social life.	1	2	3 4 5 6 7
<b>Total Score</b>			
<b>FSS mean score = total score for 9 items divided by 9.</b>			<b>Mean Score</b>

FSS mean score >4 indicates severe fatigue.

Krupp LB, et al. Arch Neurol. 1989;46:1121-1123.  
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NASA - TLX

Questionnaire

Task Questionnaire - Part 1

Click on each scale at the point that best indicates your experience of the task:

Mental Demand

Low High

Physical Demand

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Temporal Demand

Low High

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Good Poor

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Low High

Frustration

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Cancel Continue



# Physiological Sensors

Are very precise in assessing the state of an individual (e.g. stress, fatigue, emotions)

Can be used as a basis for medical treatments

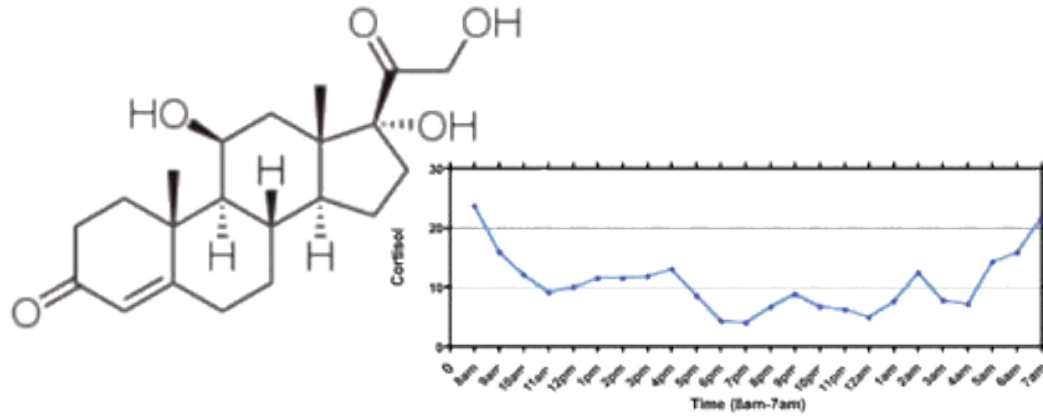
Biofeedback units combine feedback from multiple bodily functions such as brain waves, muscular response or skin conductivity

Are nowadays relatively small and price is dropping, although sometimes still expensive



# Stress Estimation

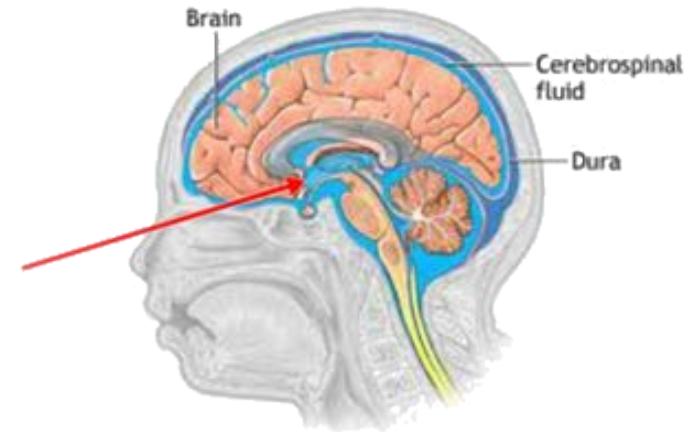
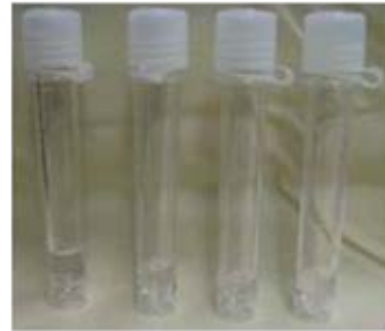
## Cortisol levels







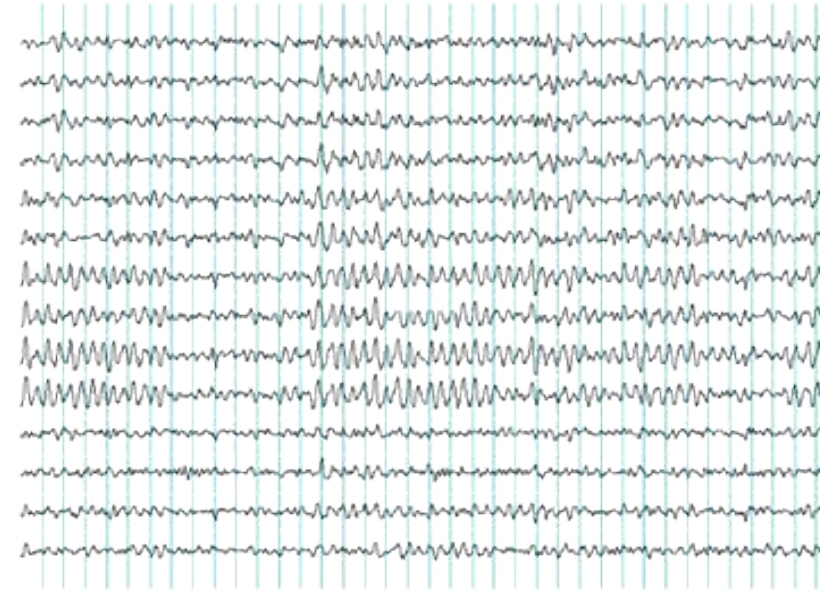
## *Corticotropin-releasing hormone*





Stress Estimation

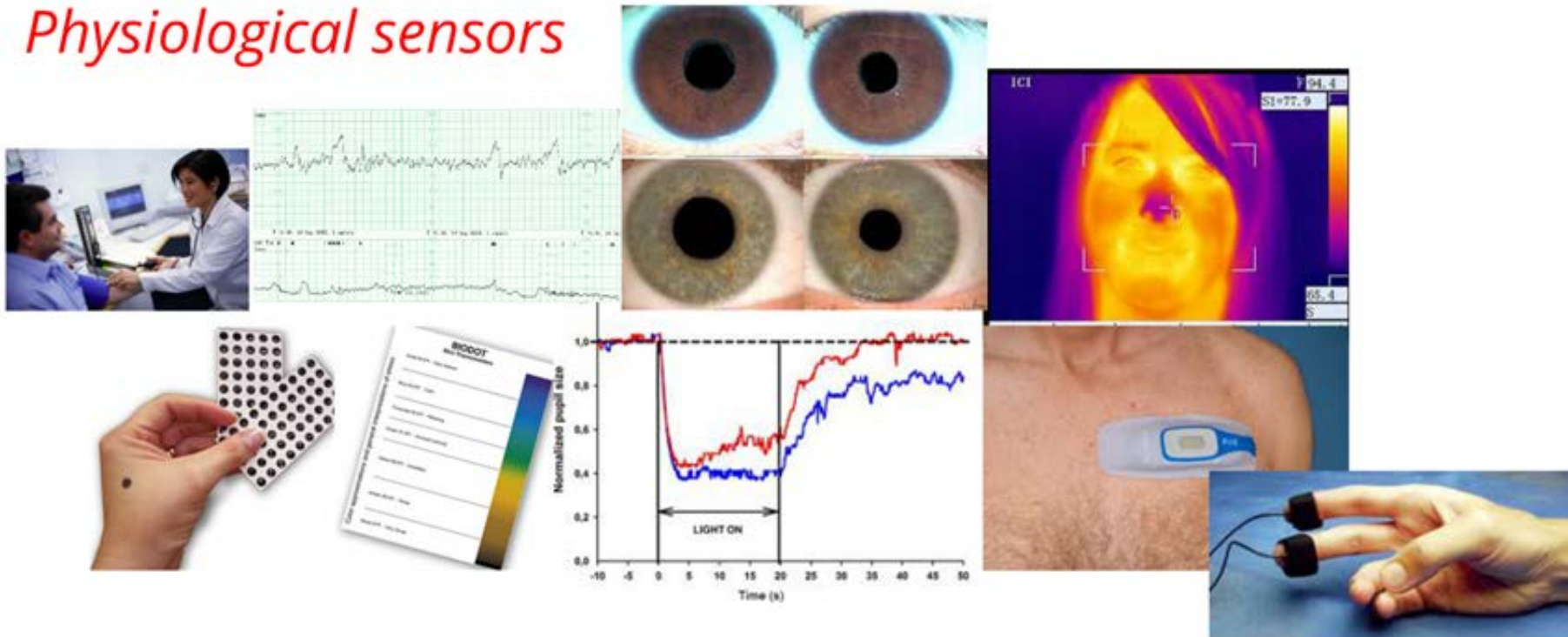
*Electroencephalogram*





# Stress Estimation

## Physiological sensors





# Stress Estimation



### State Trait Anxiety Inventory

Read each statement and select the appropriate response to indicate how you feel right now, that is, at this very moment. There are no right or wrong answers. Do not spend too much time on any one statement but give the answer which seems to describe your present feelings best.

	1	2	3	4
	Not at all	A little	Somewhat	Very Much So
1. I feel calm			1	2 3 4
2. I feel secure			1	2 3 4
3. I feel tense			1	2 3 4
4. I feel strained			1	2 3 4
5. I feel at ease			1	2 3 4
6. I feel upset			1	2 3 4
7. I am presently worrying over possible misfortunes			1	2 3 4
8. I feel satisfied			1	2 3 4
9. I feel frightened			1	2 3 4
10. I feel uncomfortable			1	2 3 4
11. I feel self confident			1	2 3 4
12. I feel nervous			1	2 3 4
13. I feel jittery			1	2 3 4
14. I feel indecisive			1	2 3 4
15. I am relaxed			1	2 3 4
16. I feel content			1	2 3 4
17. I am worried			1	2 3 4
18. I feel confused			1	2 3 4
19. I feel steady			1	2 3 4
20. I feel pleasant			1	2 3 4



# Fatigue Detection

- There are three different ways to detect and monitor mental fatigue:
  - Physiological Measurements
  - Human Performance
  - Subjective Measures



A way of measuring mental fatigue is to measure the physiological responses it causes on the body

<b>Brain related measures</b>	<b>Eye related measures</b>	<b>Heart related measures</b>
Functional magnetic Resonance imaging	Electrooculography	Electrocardiography
Electroencephalography	Blink interval	Heart rate variability
Event related potentials	Blink rate	Heart rate
	Blink closure duration	Blood volume
	Pupil Size	



SmartCap





# EyeCheck







# Fatigue Detection System in Distance Education





# Disadvantages

## Questionnaires

- Slow, no real-time
- People can lie or hide certain aspects

## Physiological Sensors

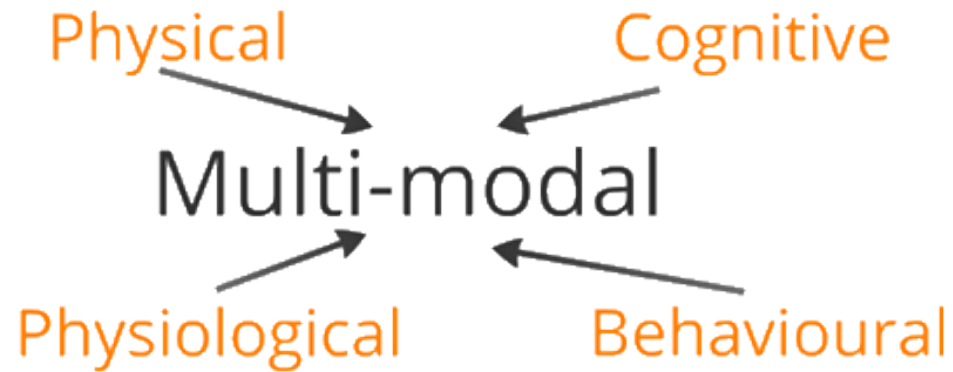
- Can be expensive
- Intrusive
- Have wires or require batteries
- Have very specific placement needs

# A new view on the problem

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# Our approach



Train models  
Personalized  
Use in real time

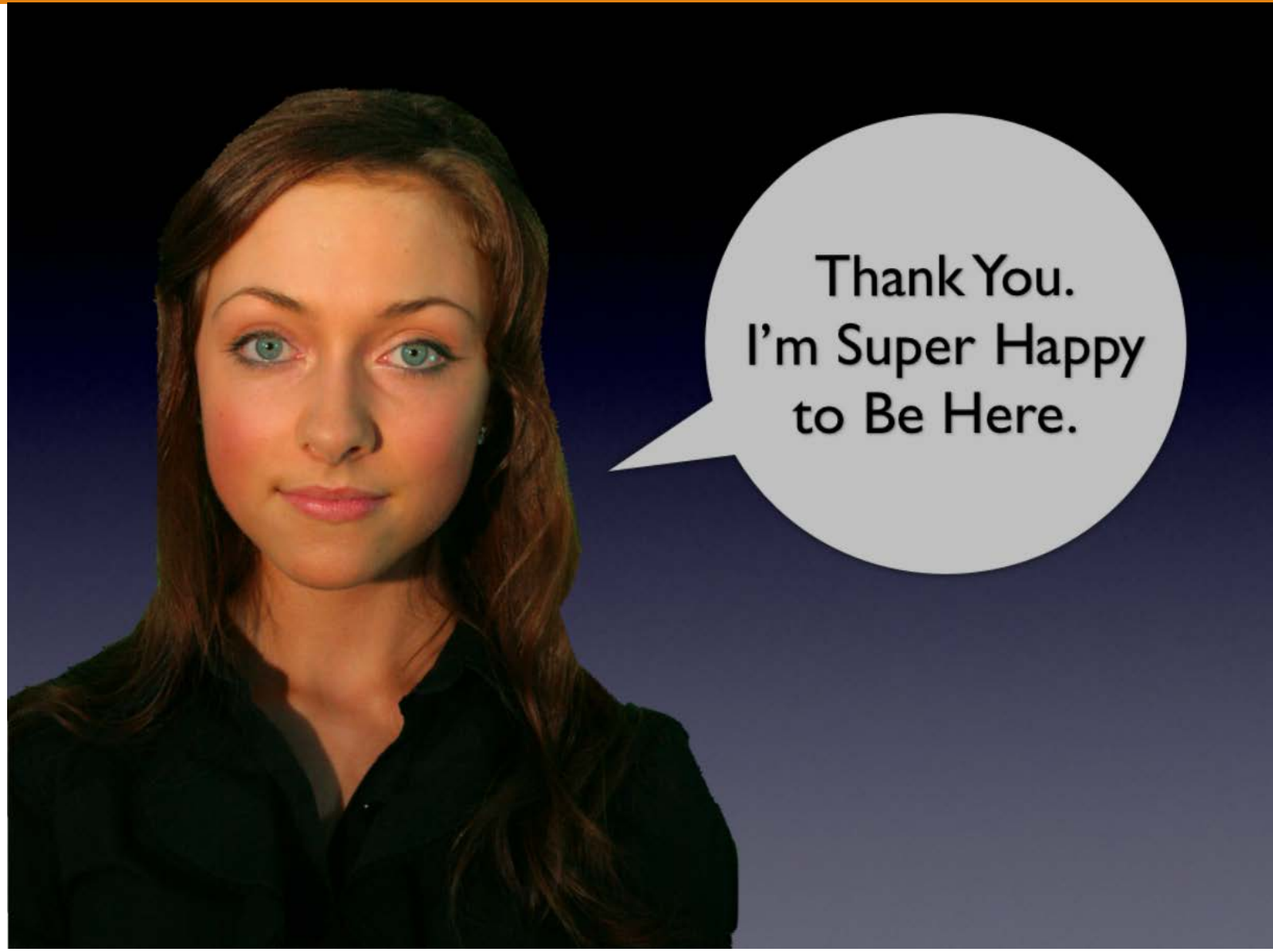


# Motivation

- Take advantage of our interaction
- Promise of exciting new applications
- Improve poor interaction mechanisms



# Motivation





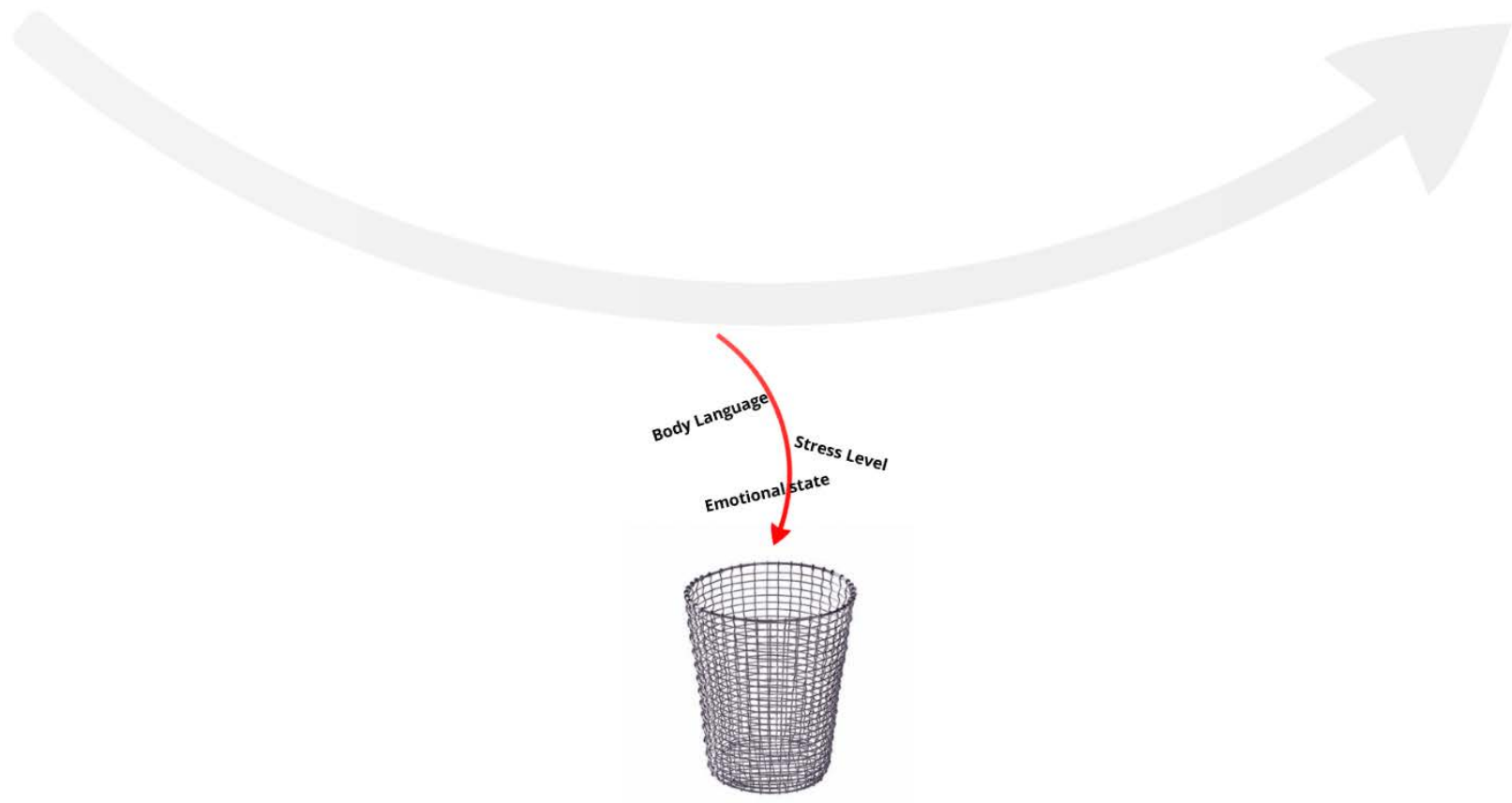
Motivation

# Field of application





# Motivation







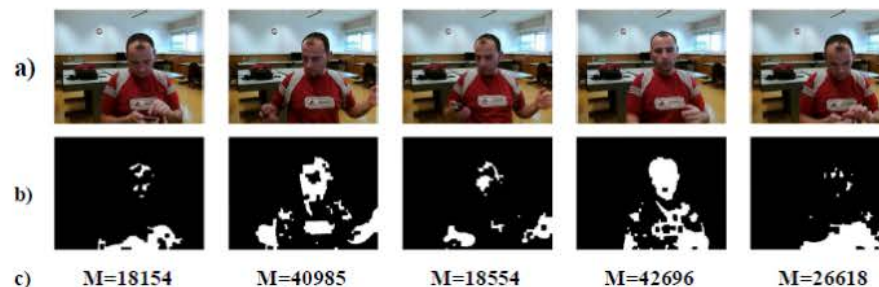
# Behavioural Analysis

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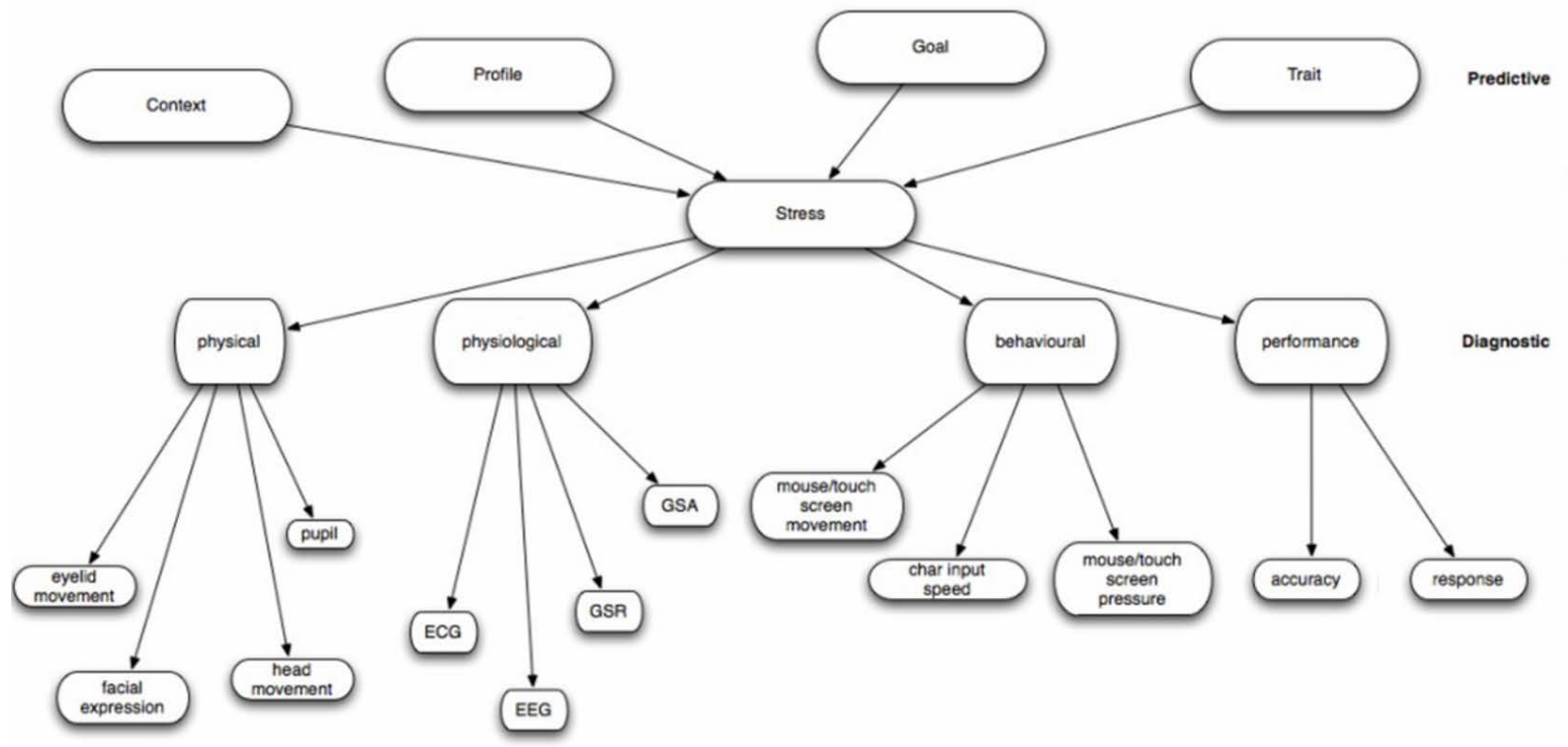
# Our approach

- Our challenge
  - Estimate Stress and Fatigue in a non-invasive way
- How we do it
  - Analyzing the behavior of the users when interacting with technological devices





# Multi-modal model





- amount of movement
- touch intensity  
average, maximum, minimum
- keydown time
- acceleration
- acceleration
- errors per key pressed
- click duration
- velocity
- touch duration
- time between clicks
- time between keys pressed
- precision
- total excess of distance traveled between each two clicks
- double click speed
- number of double clicks
- score
- distance while clicking
- signed sum of angles between each two clicks
- touch pattern
- distance between clicks
- average excess of distance traveled between each two clicks
- sum of distances from pointer to line between clicks
- absolute sum of angles between each two clicks
- average of distances from pointer to line between clicks



# Behaviorism

- All things that organisms do—including acting, thinking, and feeling—can and should be regarded as behaviors
- Psychological disorders are best treated by altering behavior patterns or modifying the environment
- Behavior can be studied in a methodical and recognizable manner with no consideration of internal mental states



# Fields of Application

- AIDS prevention**
- Conservation of natural resources**
- Education**
- Gerontology**
- Health and exercise**
- Industrial safety**
- Littering**
- Medical procedures**
- Parenting**
- Seatbelt use**
- Severe mental disorders**
- Sports**
- Zoo management and care of animals**

...



# Behavior

- Behavior is the activity of living organisms. Human behavior is the entire gamut of what people do including thinking and feeling
- Behavior can be determined by applying the Dead Man's test:
  - If a dead man can do it, it isn't behavior. And if a dead man can't do it, then it is behavior



# Operant conditioning

- Is a voluntary form of learning in which an individual's behavior is modified by its consequences
- It may change in form, frequency, or strength
- Is the result of reinforcement and punishment  
*“studying hard for a particular class will result in good grades”*





# Respondent conditioning

- All organisms respond in predictable ways to certain stimuli
- These stimulus–response relations are called reflexes
- The smell of food (stimulus) elicits a dog's salivation



Stimulus

A stimulus is an "energy change" that affects an organism through its receptor cells

A stimulus can be described:

- **Topographically** by its physical features
- **Temporally** by when they occur in respect to the behavior
- **Functionally** by their effect on behavior



# Environment

- The environment is the entire constellation of stimuli in which an organism exists
- This includes events both inside and outside of an organism



# Reinforcement

- Reinforcement is the most important principle of behavior
- It is the process by which behavior is strengthened, if a behavior is followed closely in time by a stimulus and this results in an increase in the future frequency of that behavior
- May be positive or negative



# Punishment

- Punishment is a process by which a consequence immediately follows a behavior which decreases the future frequency of that behavior
- Like reinforcement, a stimulus can be added (positive punishment) or removed (negative punishment)
- Punishment can often result in unwanted side effects, and has therefore been used only after reinforcement-only procedures have failed to work



# Extinction

- The procedure of withholding/discontinuing reinforcement of a previously reinforced behavior, resulting in the decrease of that behavior
- The behavior is then set to be extinguished
- Extinction procedures are often preferred over punishment procedures that are frequently deemed unethical



# Experimental control

- At least one participant
- At least one behavior (dependent variable)
- At least one setting
- A system for measuring the behavior and ongoing visual analysis of data
- At least one treatment or intervention condition
- Manipulations of the independent variable so that its effects on the dependent variable may be quantitatively or qualitatively analyzed
- An intervention that will benefit the participant in some way



# Experimental Control

At least one participant





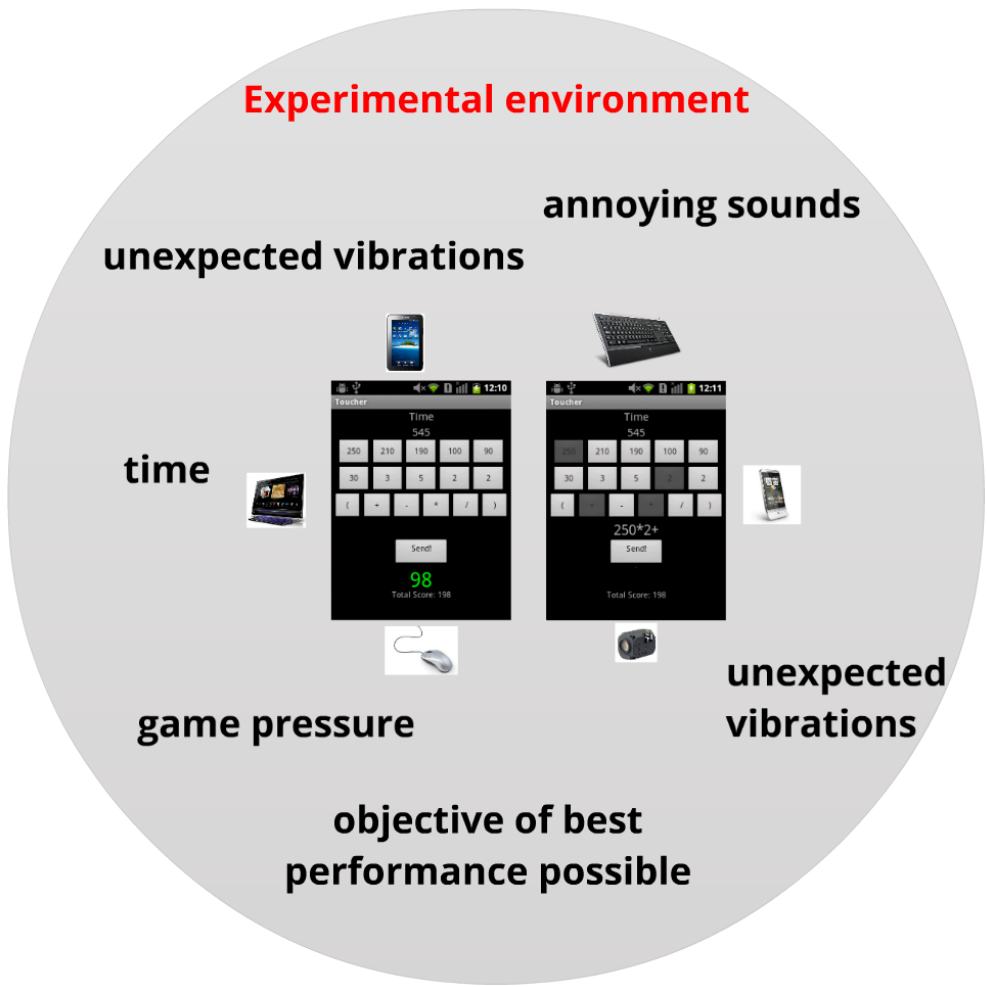
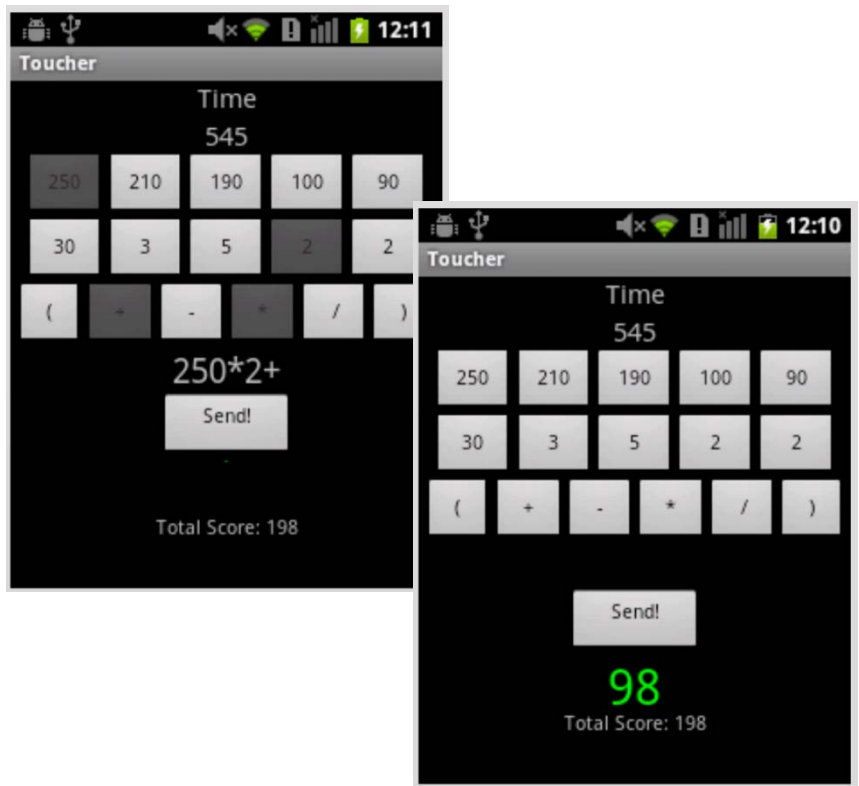
# Experimental Control

At least one behavior (dependent variable)



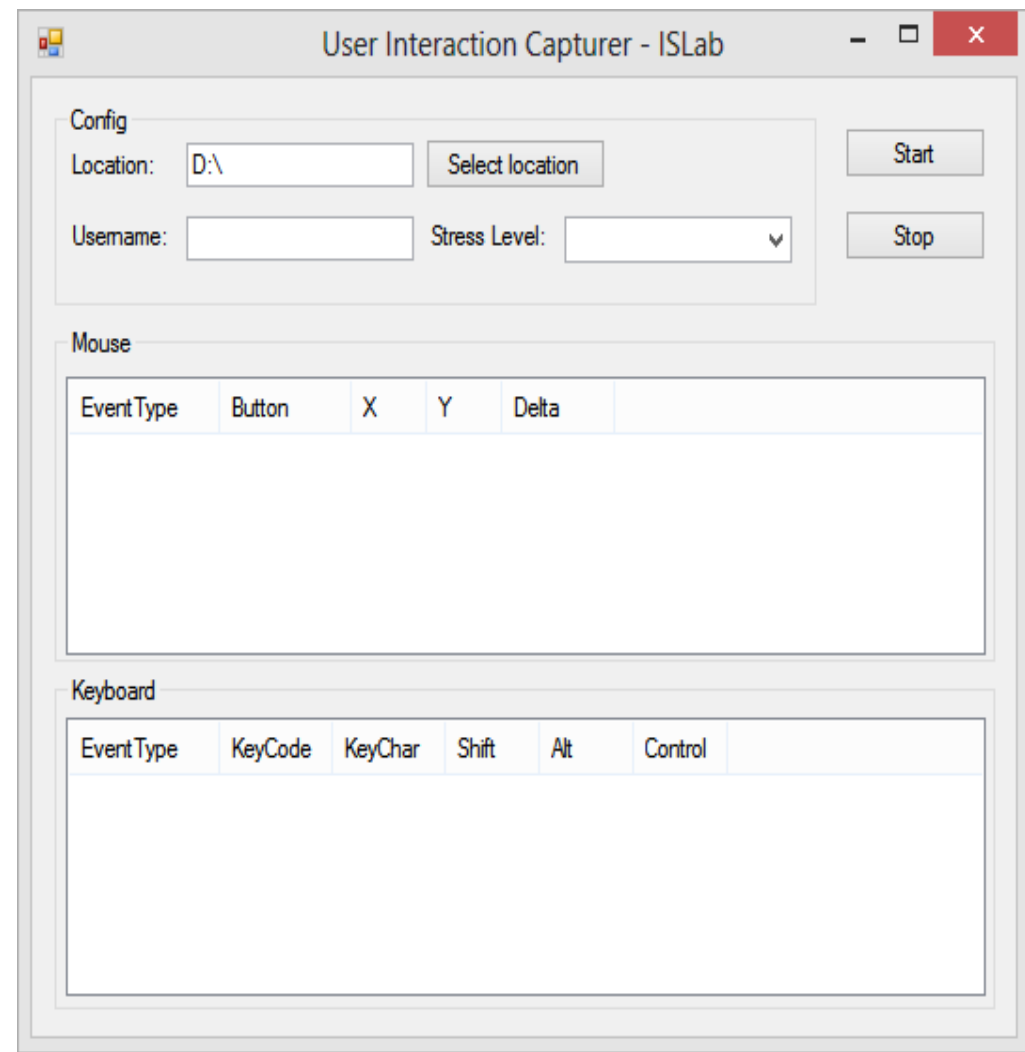
Experimental Control

At least one setting





# Experimental Control





# Experimental Control

A system for measuring the behavior and ongoing visual analysis of data

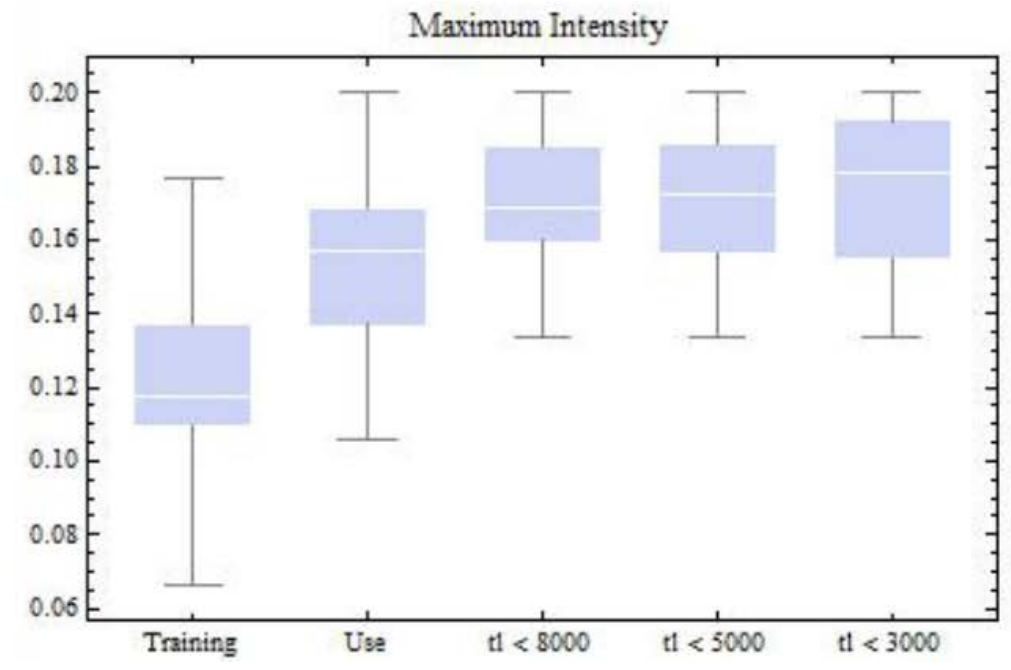
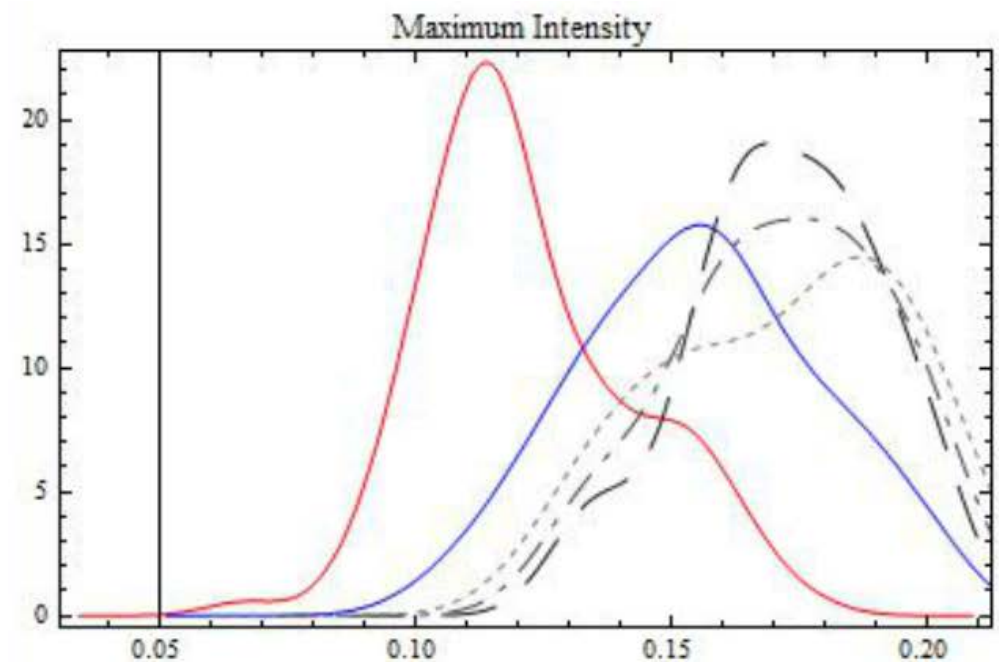
# Results

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STRESS AND FATIGUE

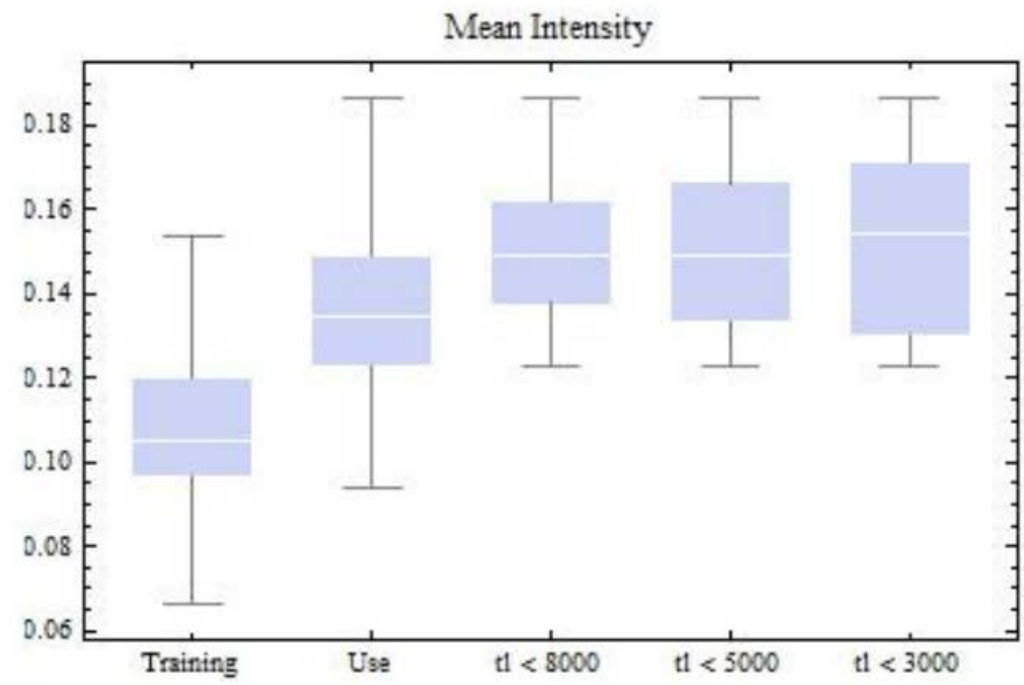
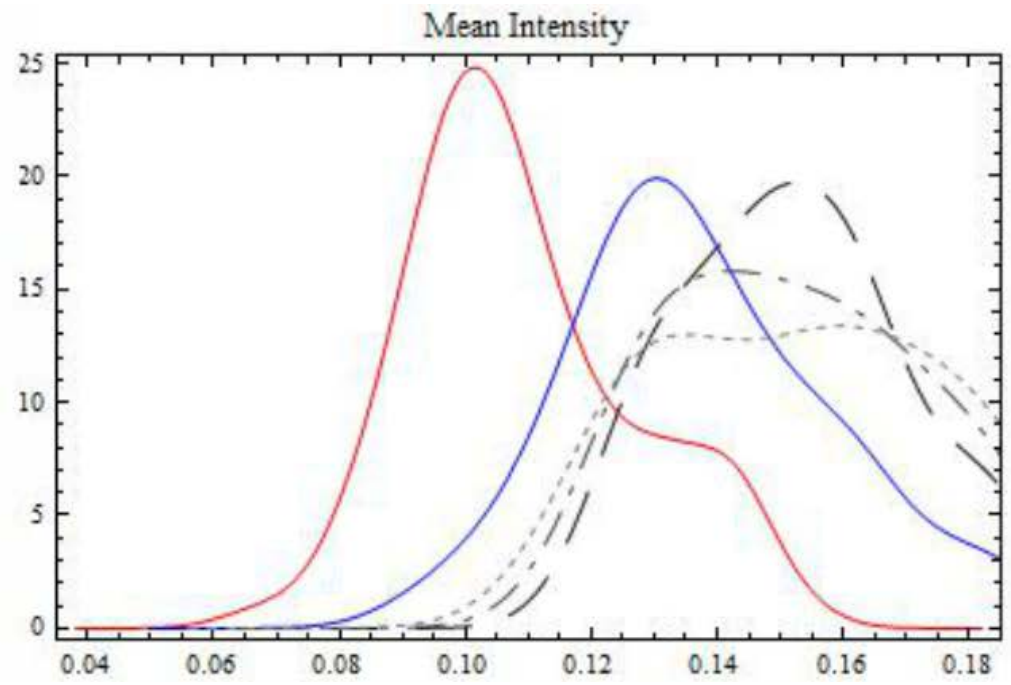


# Results Stress



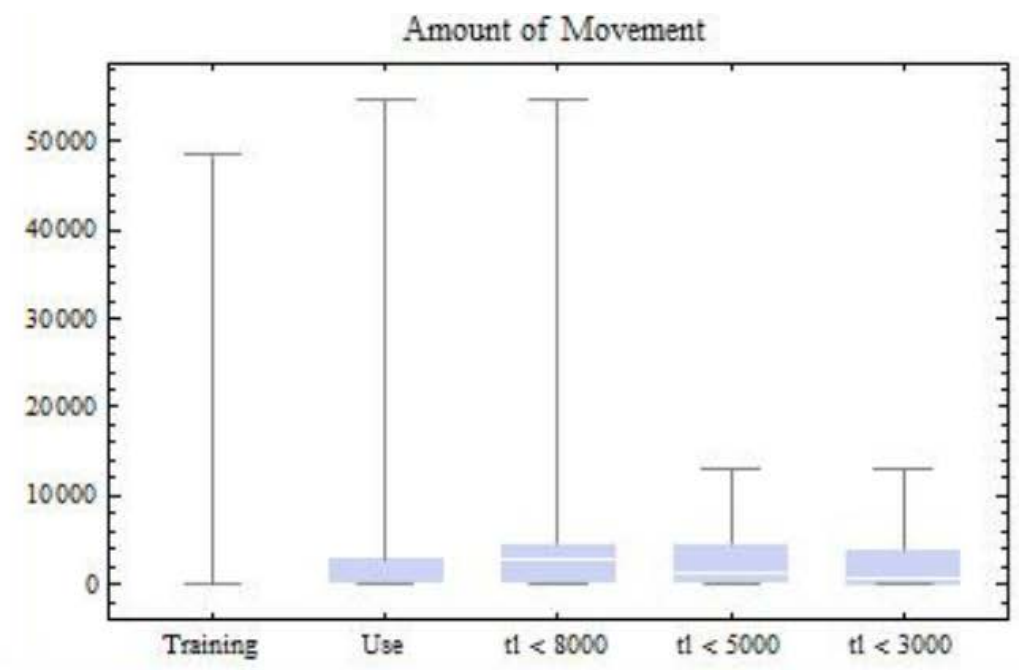
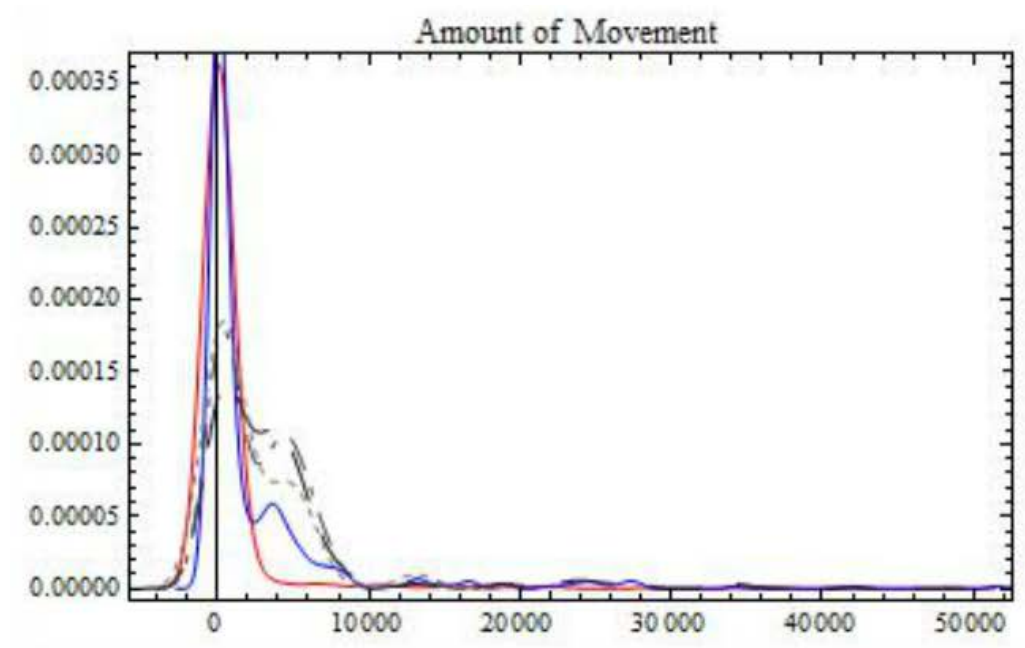


# Results Stress





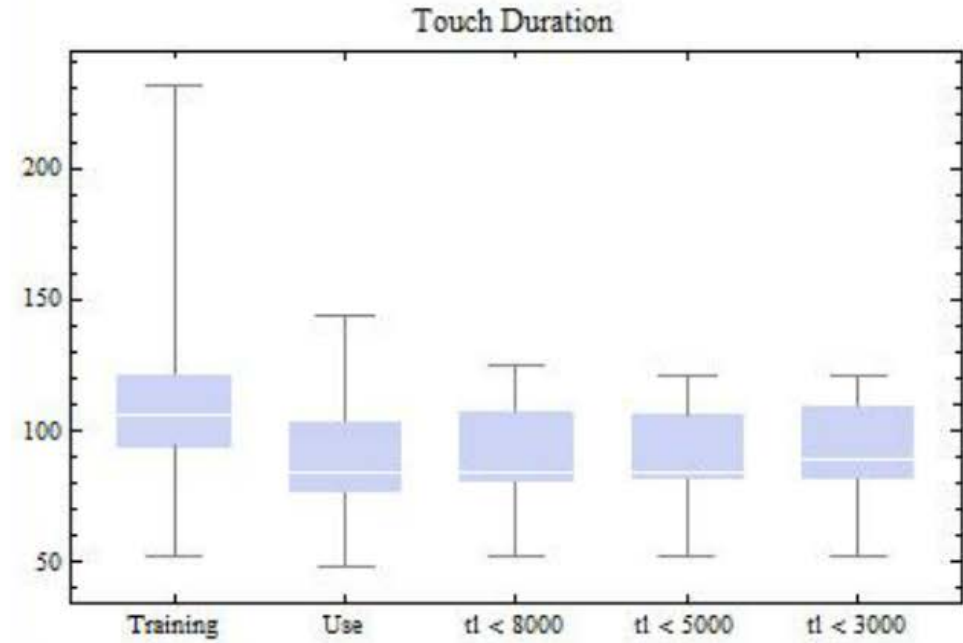
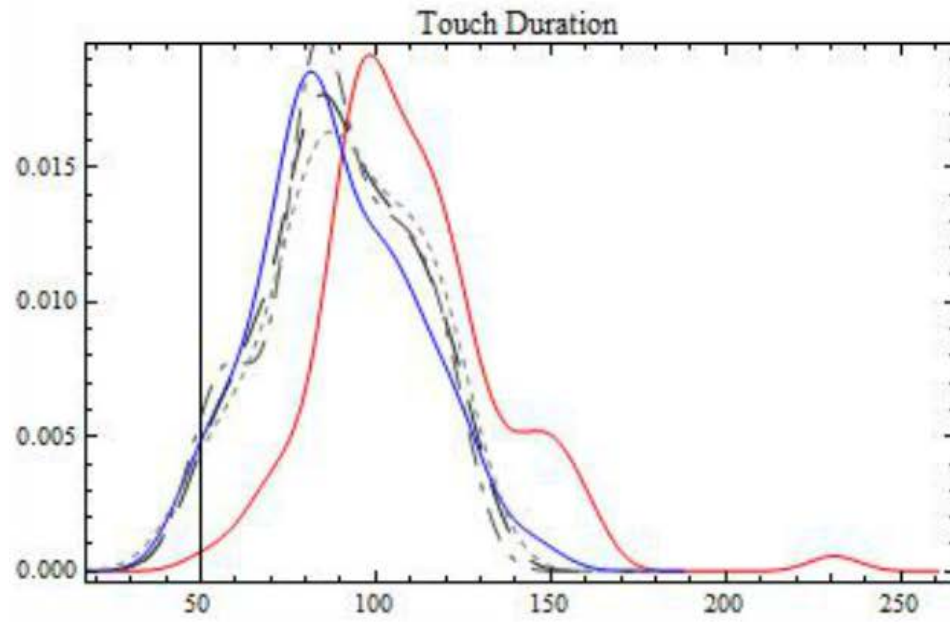
# Results Stress





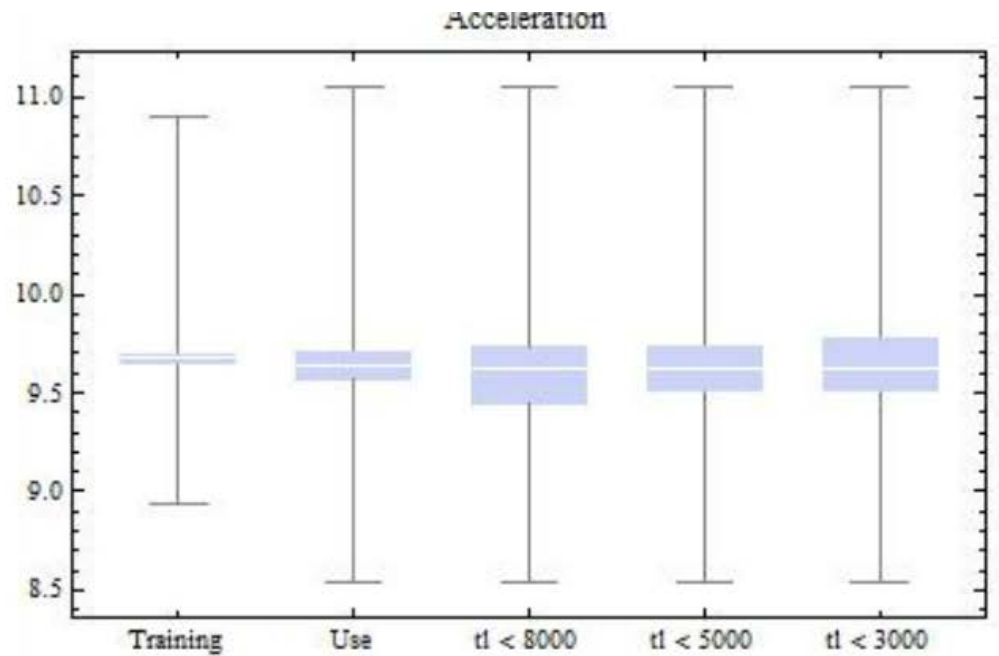
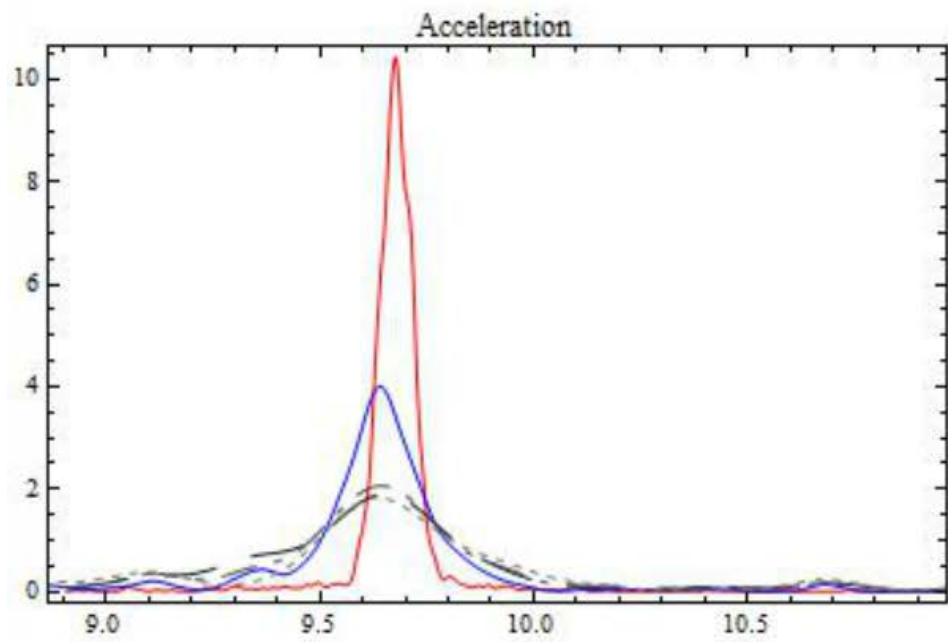


# Results Stress



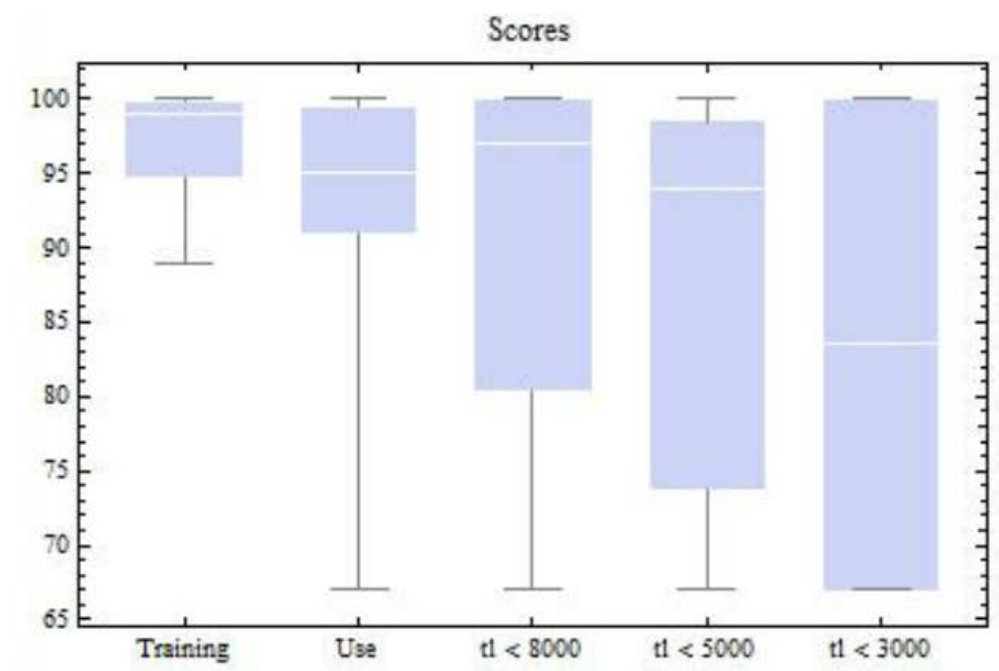
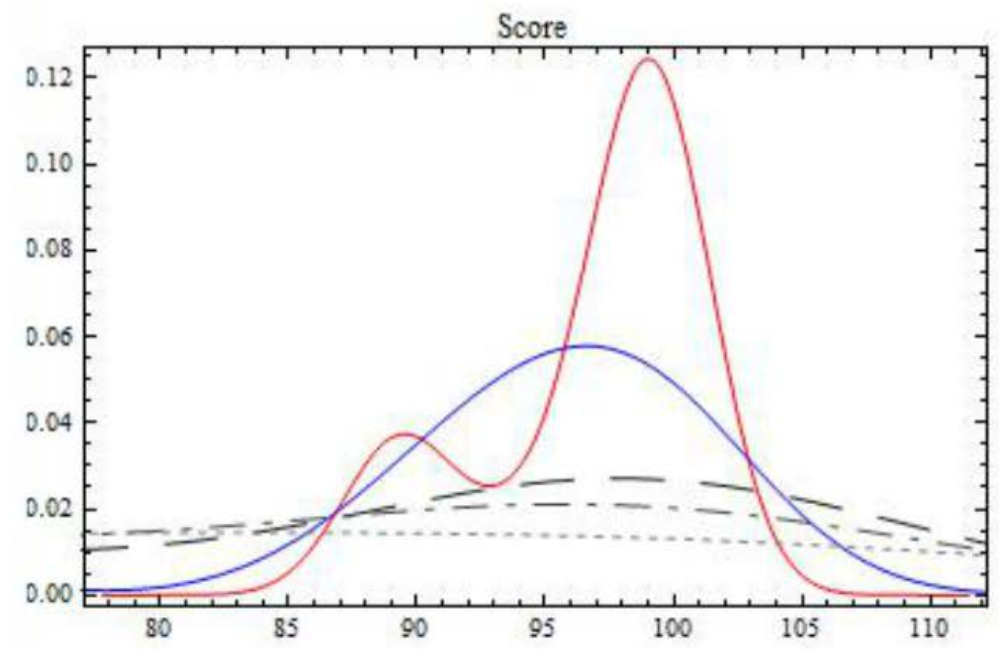


# Results Stress





# Results Stress



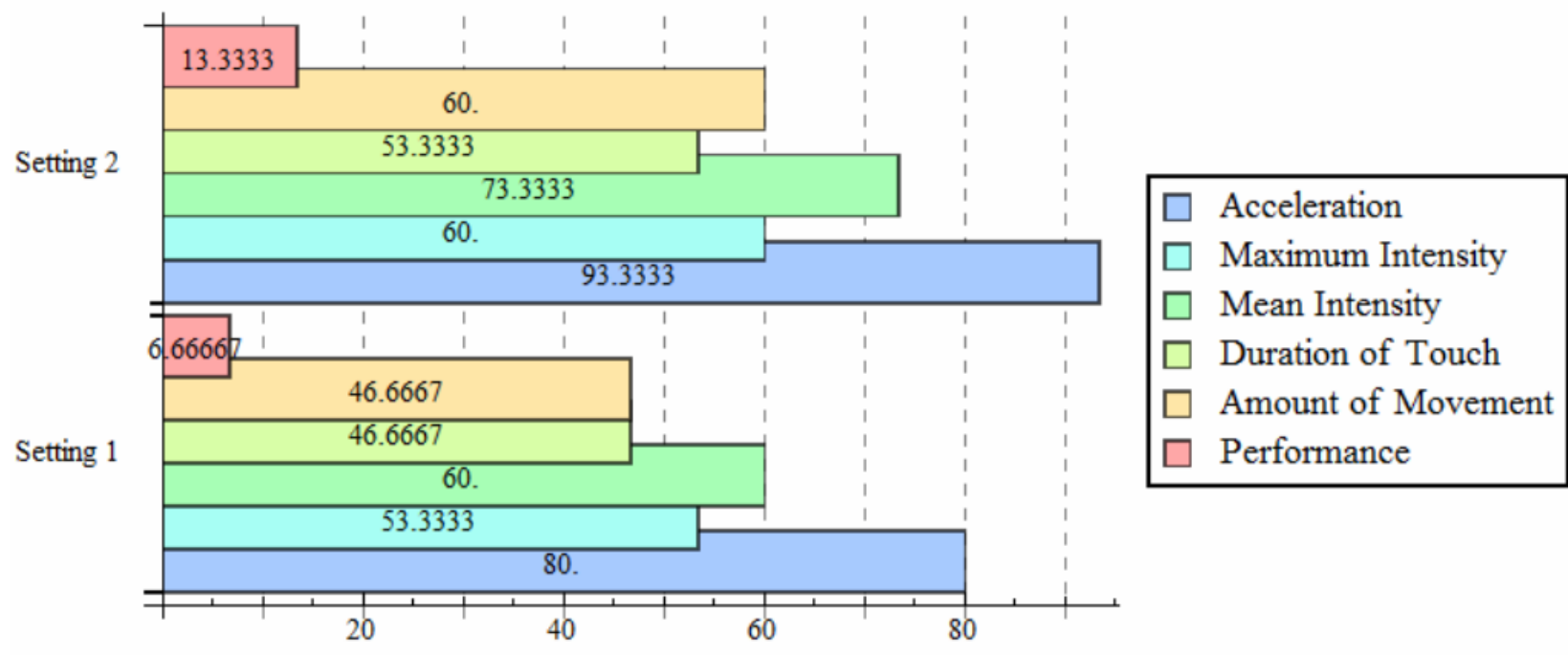


# Results Stress

Summary of dave			
Data	Reject H <sub>0</sub>	P Value	Timeleft results
Acceleration	True	$4.30258 \times 10^{-13}$	True True True
Maximum Intensity	True	$1.94289 \times 10^{-11}$	True True True
Mean Intensity	True	$6.5901 \times 10^{-11}$	True True True
Duration of Touch	True	$9.54313 \times 10^{-6}$	True True True
Amount of Movement	True	0.0157983	False False False
Scores	False	0.398694	False False False



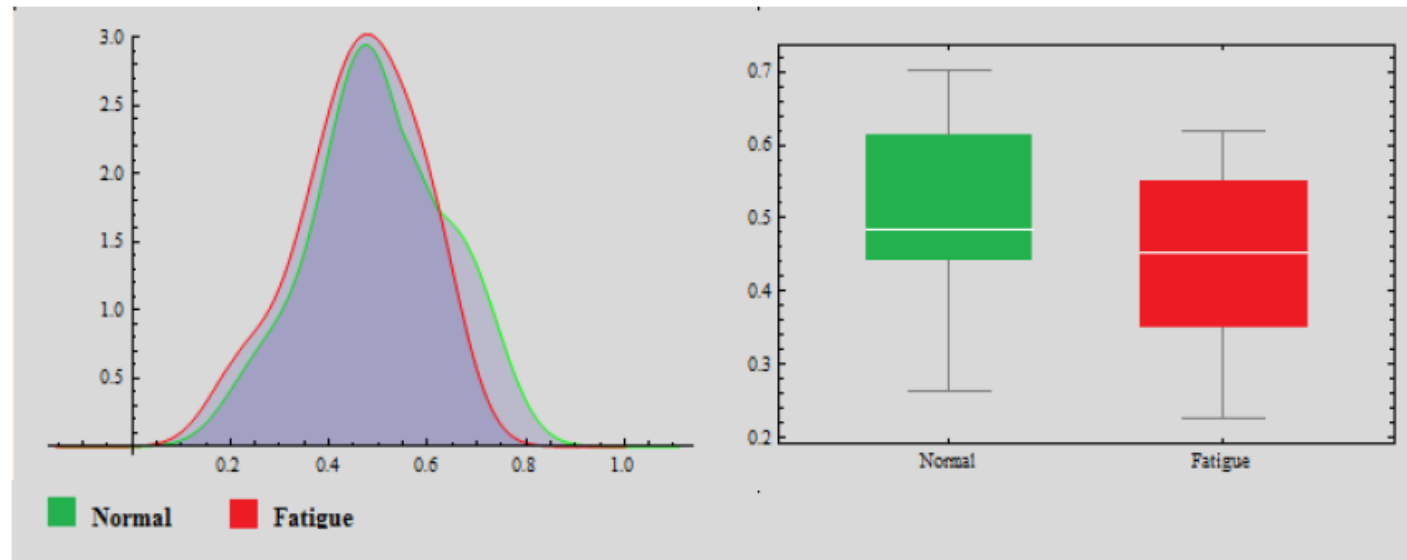
# Results Stress





## Mouse Acceleration

<i>State</i>	<i>Average</i>	<i>Standard D.</i>	<i>Median</i>	<i>Max</i>	<i>Min</i>
<b>Normal</b>	0.423	0.103	0.409	0.617	0.242
<b>Fatigue</b>	0.394	0.092	0.405	0.546	0.208

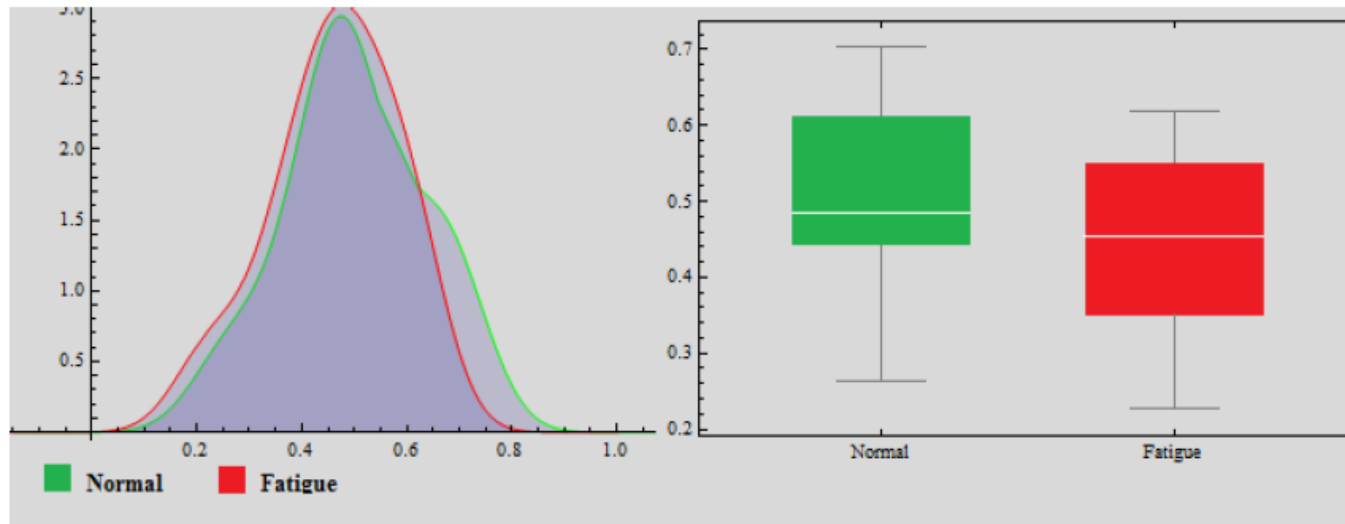




Results Fatigue

### Mouse Velocity

<i>State</i>	<i>Average</i>	<i>Standard D.</i>	<i>Median</i>	<i>Max</i>	<i>Min</i>
<b>Normal</b>	0.500	0.132	0.484	0.702	0.262
<b>Fatigue</b>	0.462	0.119	0.469	0.618	0.226

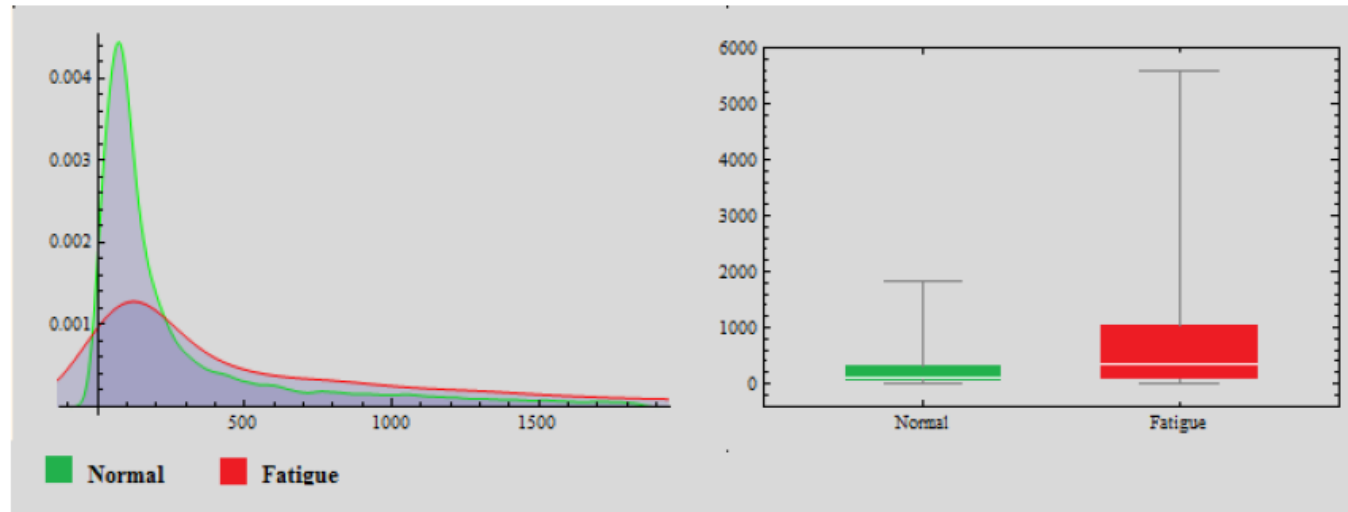




Results Fatigue

Time Between Keys

<i>State</i>	<i>Average</i>	<i>Standard D.</i>	<i>Median</i>	<i>Max</i>	<i>Min</i>
<b>Normal</b>	79.826	7.752	80.500	88.240	63.480
<b>Fatigue</b>	85.530	5.870	87.290	92.050	72.700

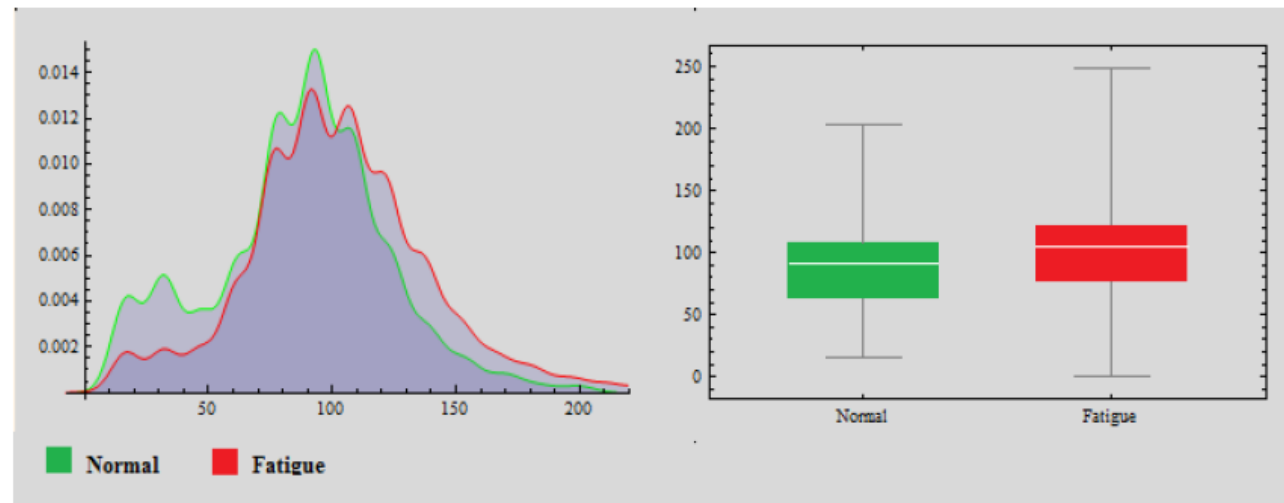






## Key Down Time

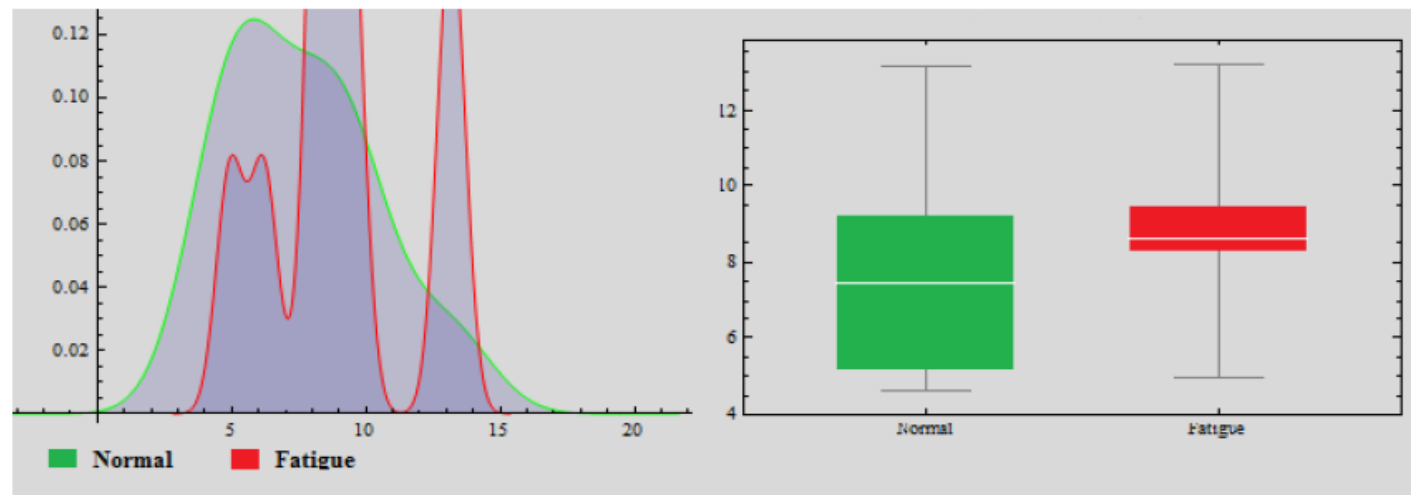
<i>State</i>	<i>Average</i>	<i>Standard D.</i>	<i>Median</i>	<i>Max</i>	<i>Min</i>
<b>Normal</b>	469.193	399.321	299.726	1316.930	78.059
<b>Fatigue</b>	956.367	632.898	943.678	2156.400	87.892





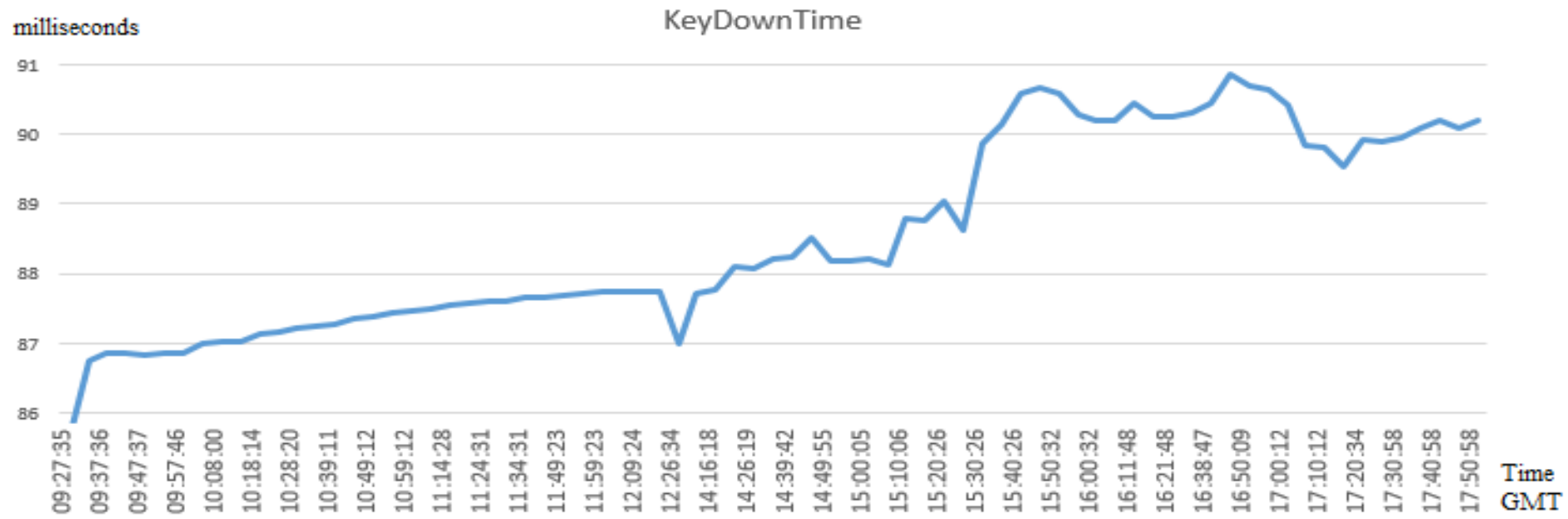
## Errors per key

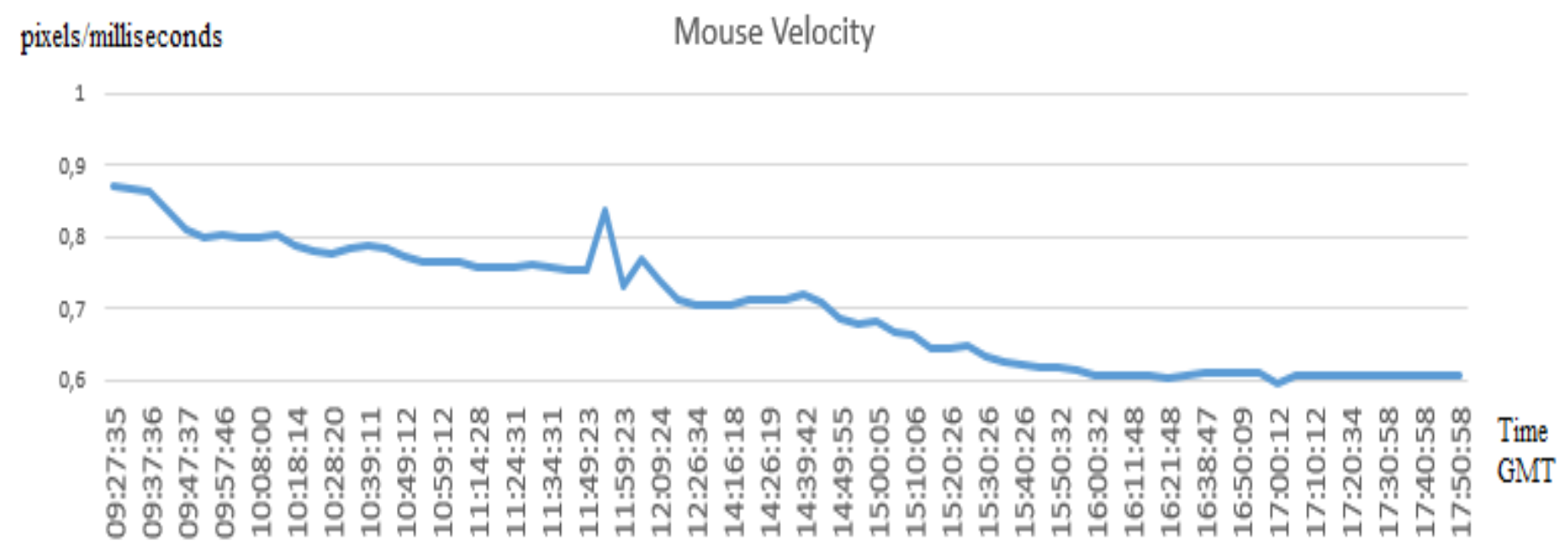
<i>State</i>	<i>Average</i>	<i>Standard D.</i>	<i>Median</i>	<i>Max</i>	<i>Min</i>
<b>Normal</b>	7.643	2.768	7.444	13.137	4.625
<b>Fatigue</b>	9.010	2.600	8.597	13.217	4.942





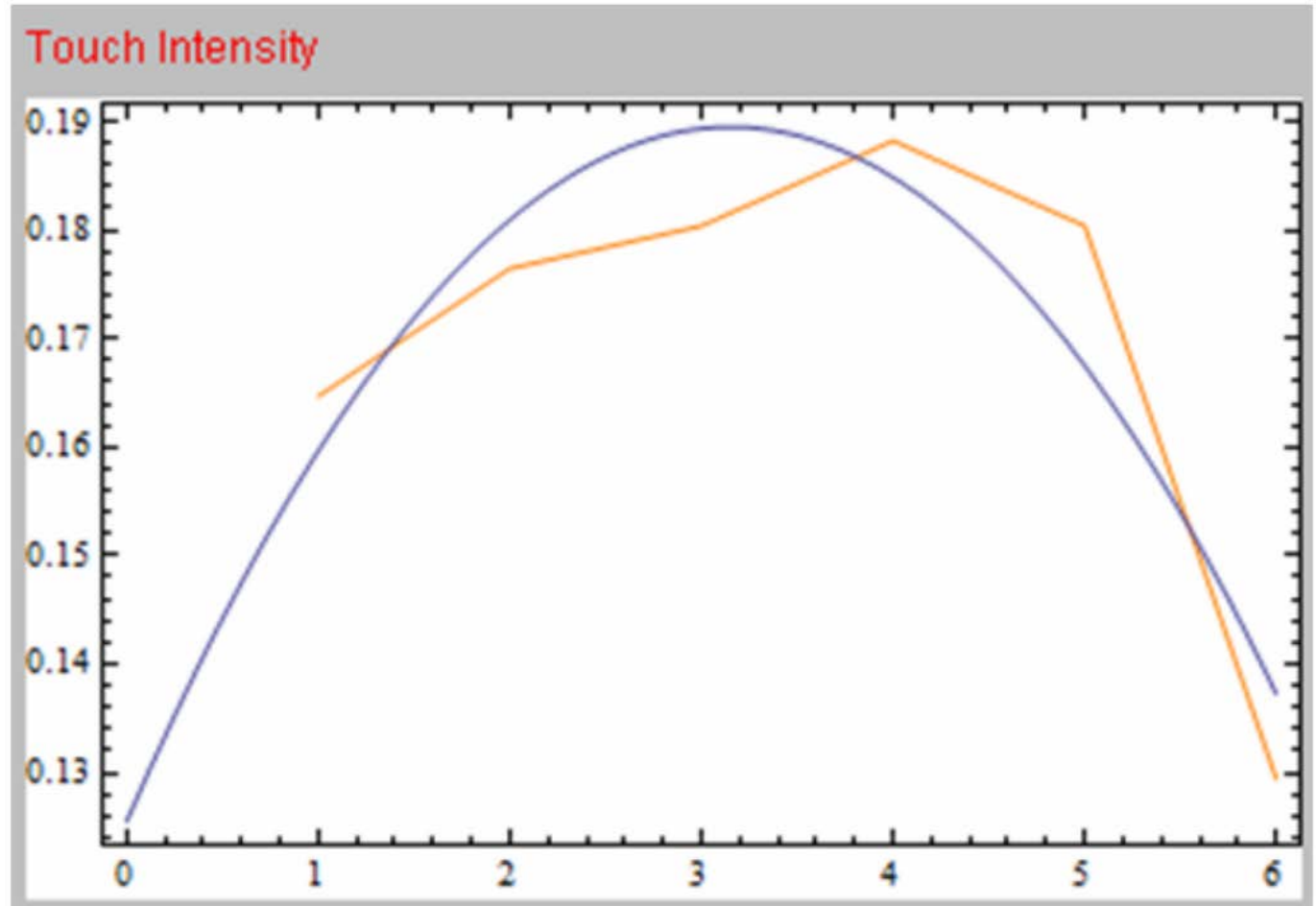
# Daily Evolution







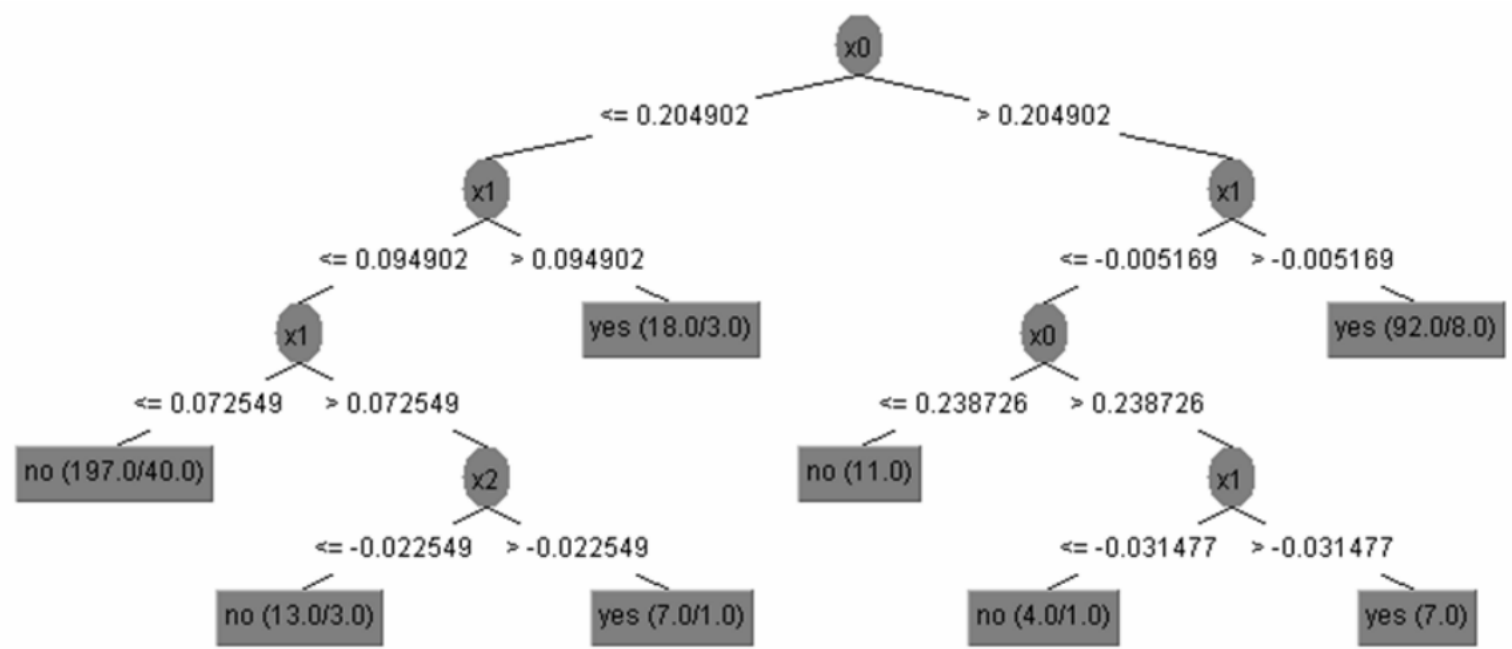
Results

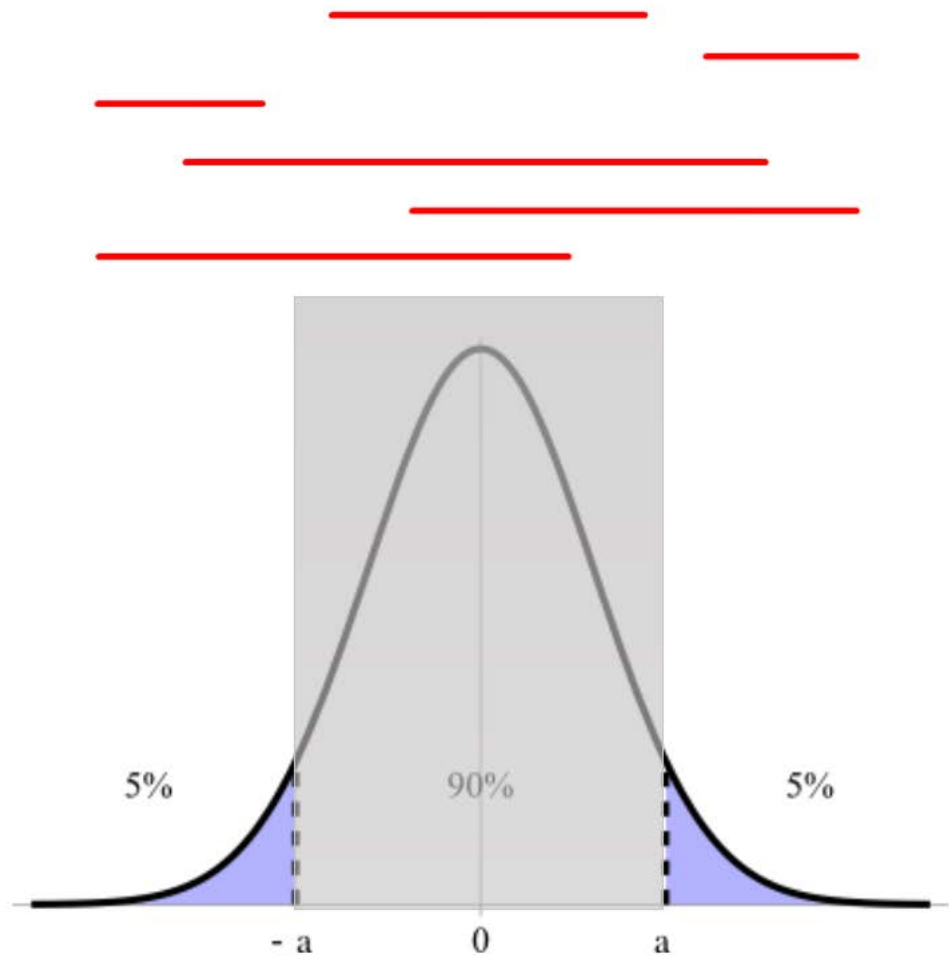




Results

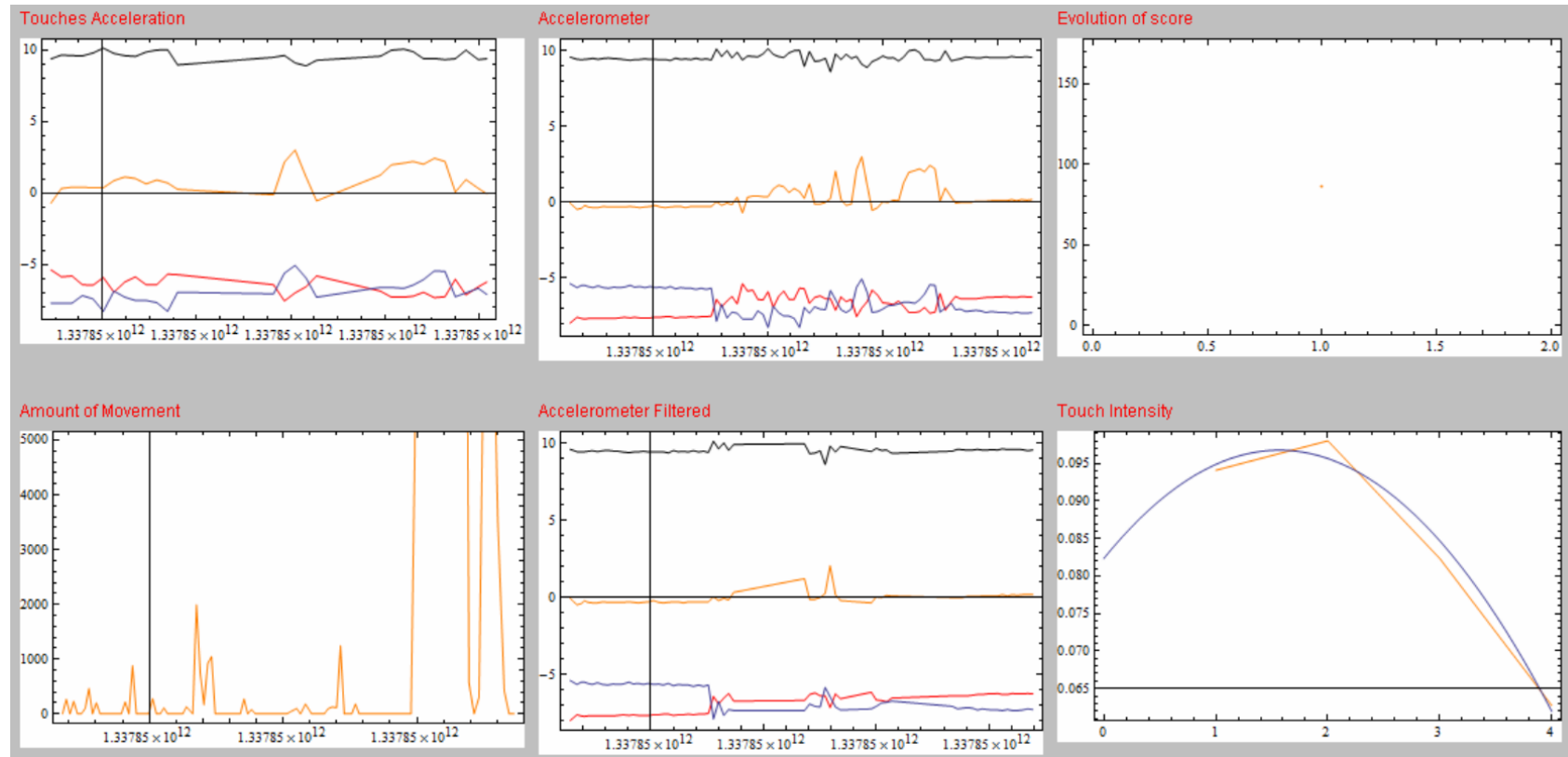
$$ax^2 + bx + c = 0.$$







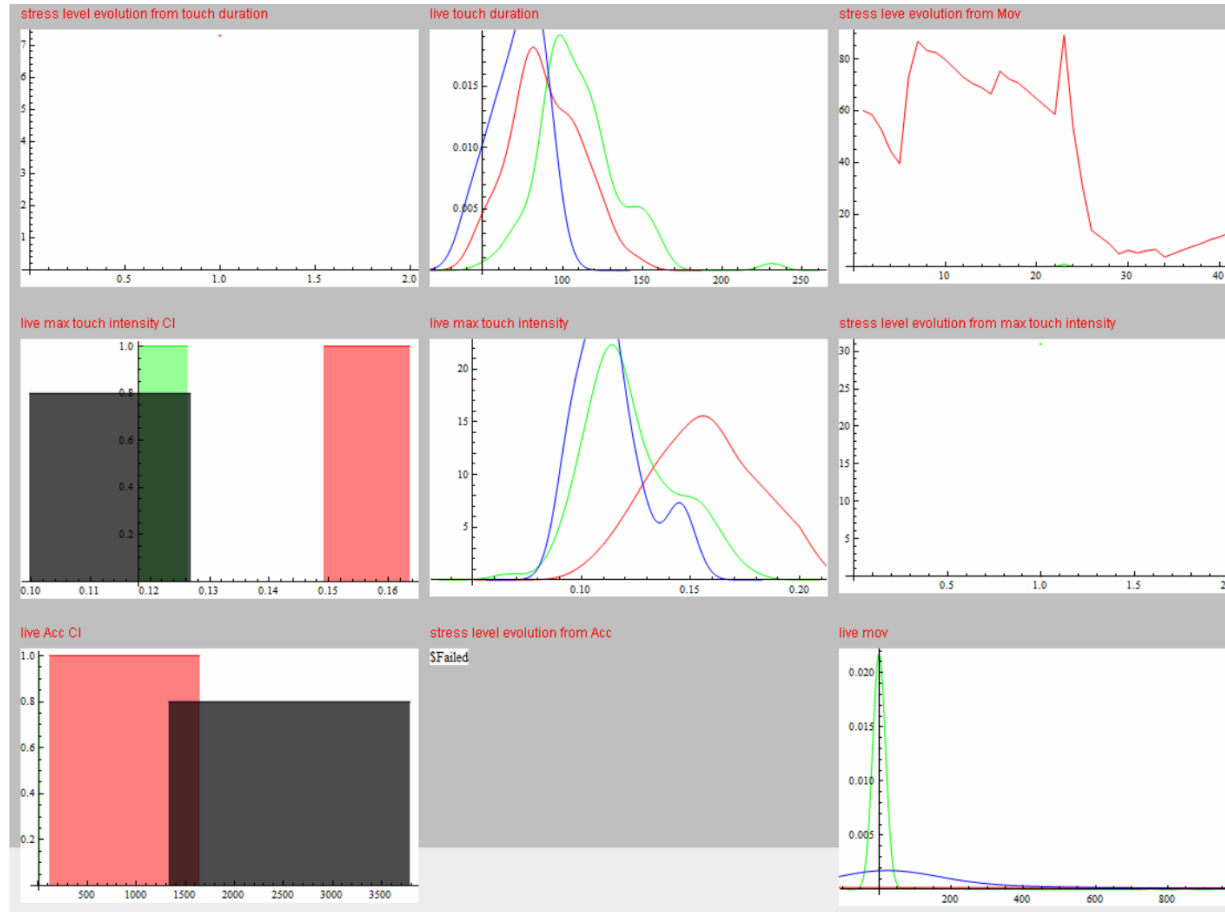
# Results





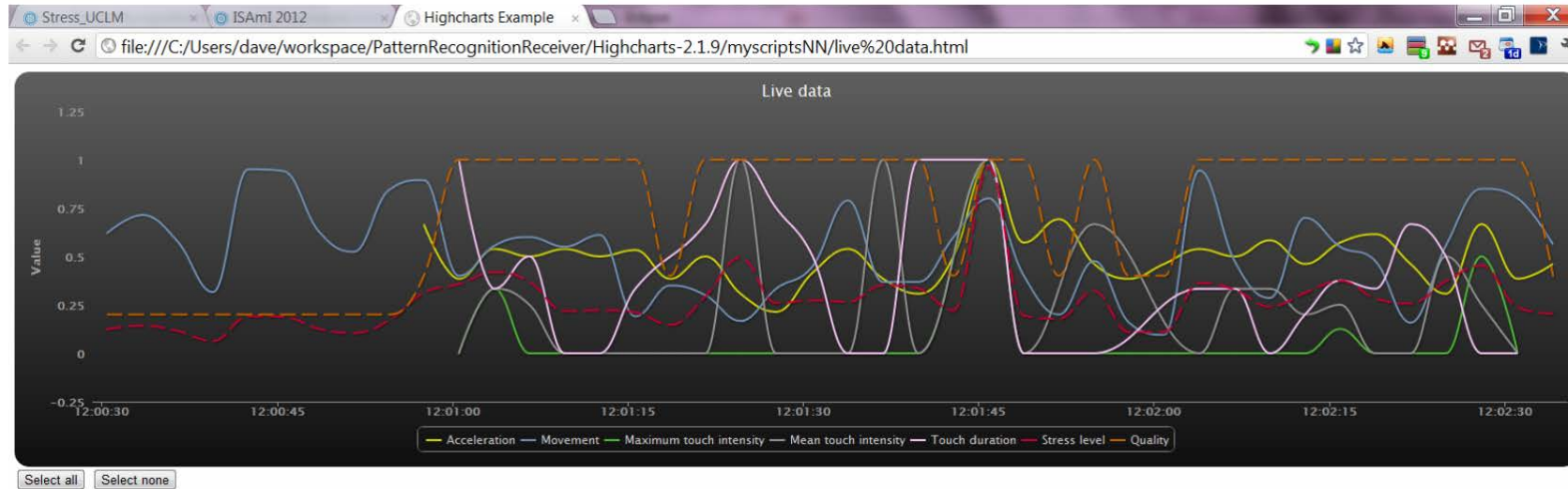


## Results



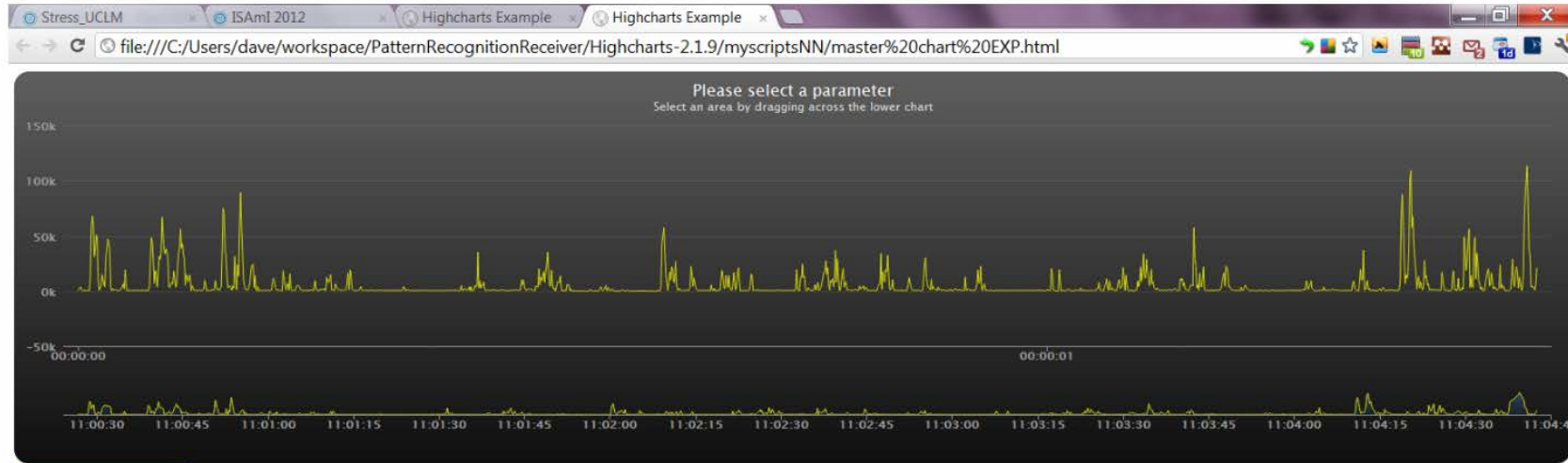


# Experimental Control





# Results





# Results



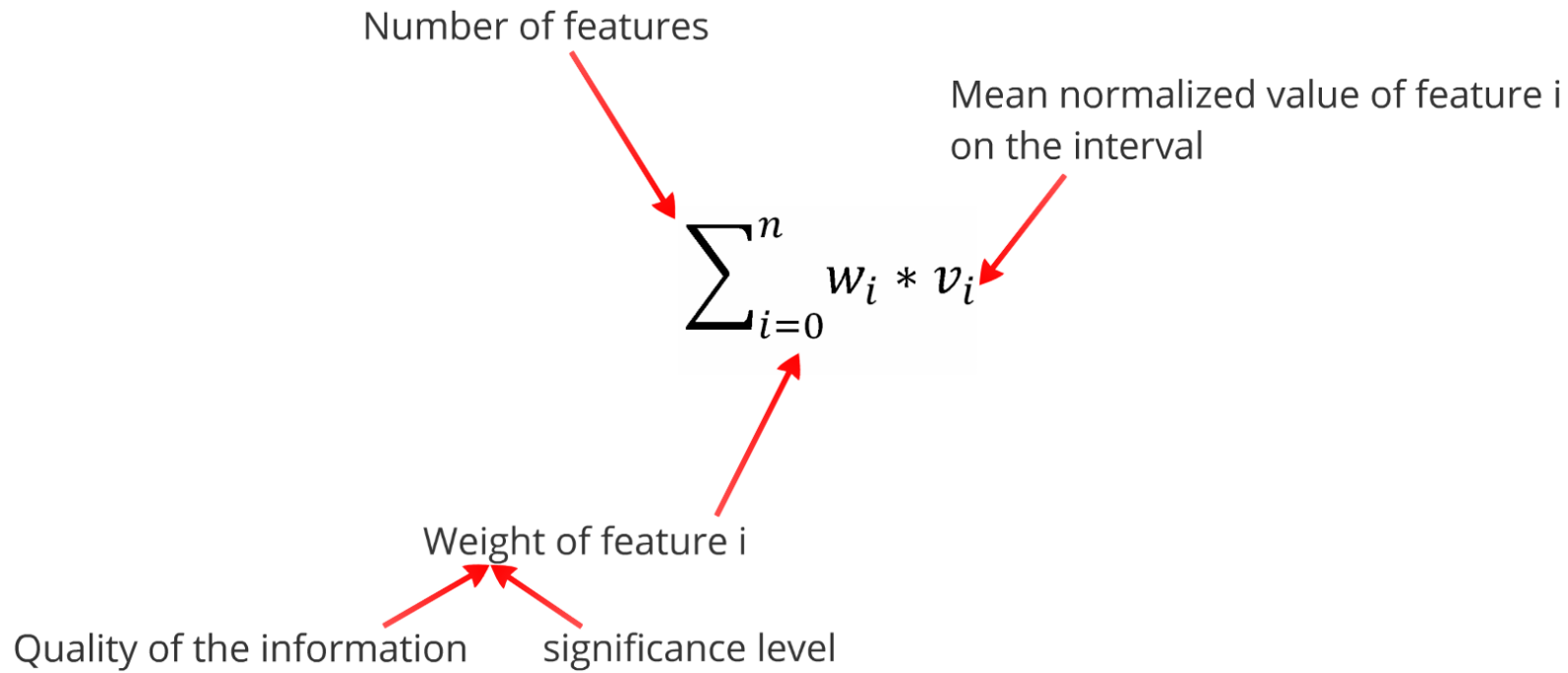
Touch duration





Results

Manipulations of the independent variable so that its effects on the dependent variable may be quantitatively or qualitatively analyzed





# Experimental Control

At least one treatment or intervention condition

An intervention that will benefit the participant in some way

Depending on the domain of application...



# Case-studies & fields of application

---

LEGAL FIELD

EDUCATION

FATIGUE MANAGEMENT

FIELDS OF APPLICATION







# E-learning



[www.gettyimages.com](http://www.gettyimages.com)



# Fatigue Management





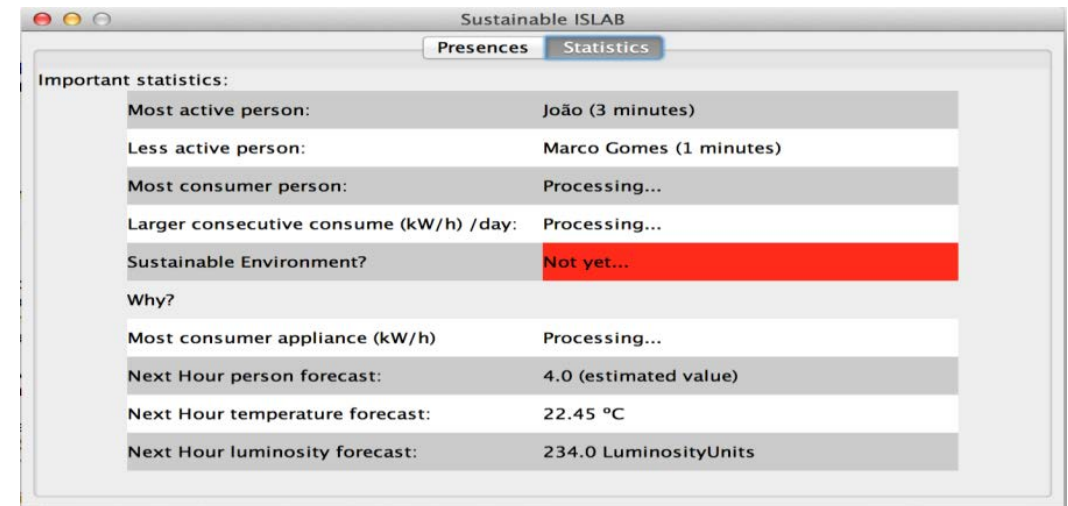
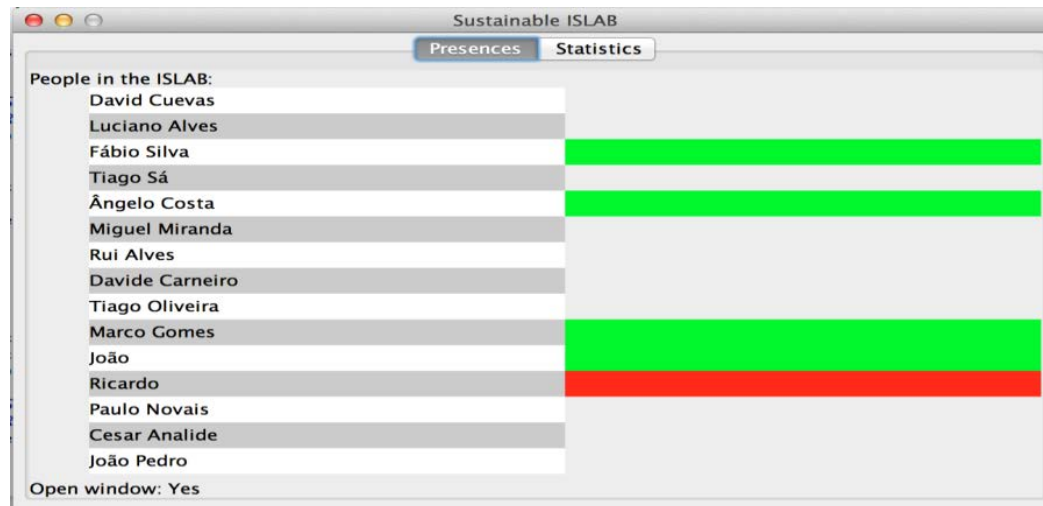
# Fields of Application







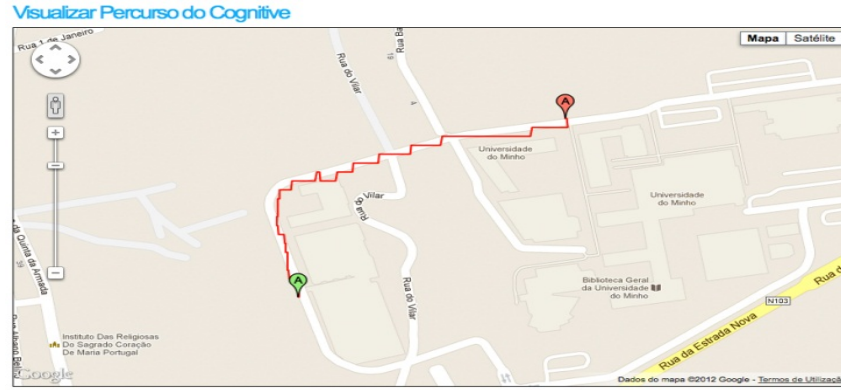
# Intelligent systems for energetic sustainability





# Orientation System

- Augmented reality guiding system
- User and caregiver oriented
- Multi-user tracking and profiling system
- Location and path provider



Visualizar Histórico do Cognitive

Pedro : pedro : exemplo@exemplo.pt

Localização

Escolha uma opção: Localização Atual Percursos Efetuados

Número de percursos a procurar: 10 Ver

Destino	Data Início	Data Fim	Ver
DPS	2012-07-25 19:41:53.0	2012-07-25 19:46:14.0	Ver
DPS	2012-07-25 19:40:10.0	2012-07-25 19:41:45.0	Ver
DPS	2012-07-25 19:32:40.0	2012-07-25 19:39:23.0	Ver
Cantina	2012-07-25 19:30:47.0	2012-07-25 19:30:57.0	Ver
Cantina	2012-07-25 19:26:43.0	2012-07-25 19:30:38.0	Ver
Cantina	2012-07-25 19:24:07.0	2012-07-25 19:24:52.0	Ver
DPS	2012-07-25 19:21:00.0	2012-07-25 19:22:28.0	Ver
Casa	2012-07-25 19:17:28.0	2012-07-25 19:17:44.0	Ver
DPS	2012-07-25 19:13:15.0	2012-07-25 19:16:49.0	Ver
Casa	2012-07-14 20:34:48.0	2012-07-14 20:36:58.0	Ver

Pessoa com perdas cognitivas

Ricardo

Escolha uma opção

Localização atual

Últimos Percursos

Data 2012-07-25 19:26:43.0

Destino Cantina

Data 2012-07-25 19:30:47.0

Destino DPS

Data 2012-07-25 19:32:40.0

Destino DPS

Data 2012-07-25 19:40:10.0

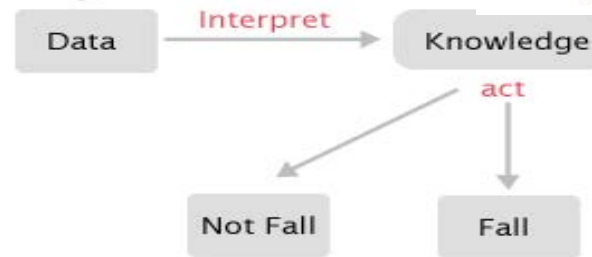
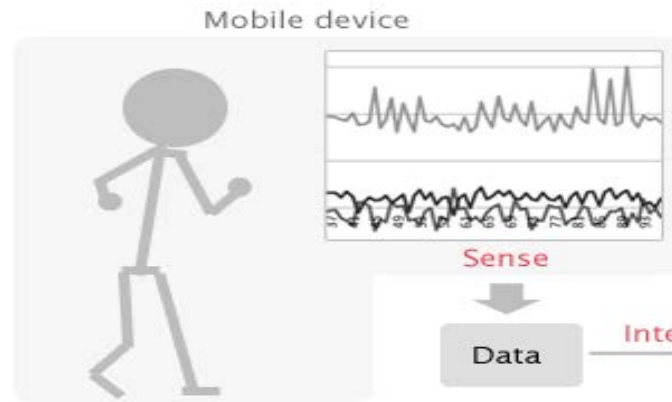
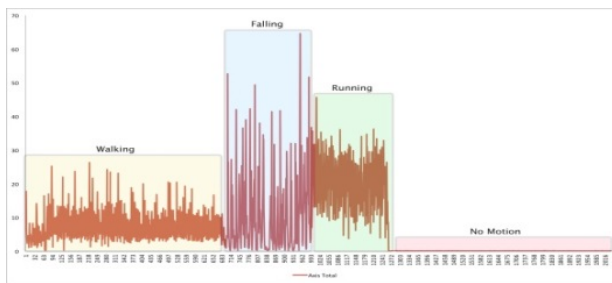
Destino DPS

Data 2012-07-25 19:41:53.0



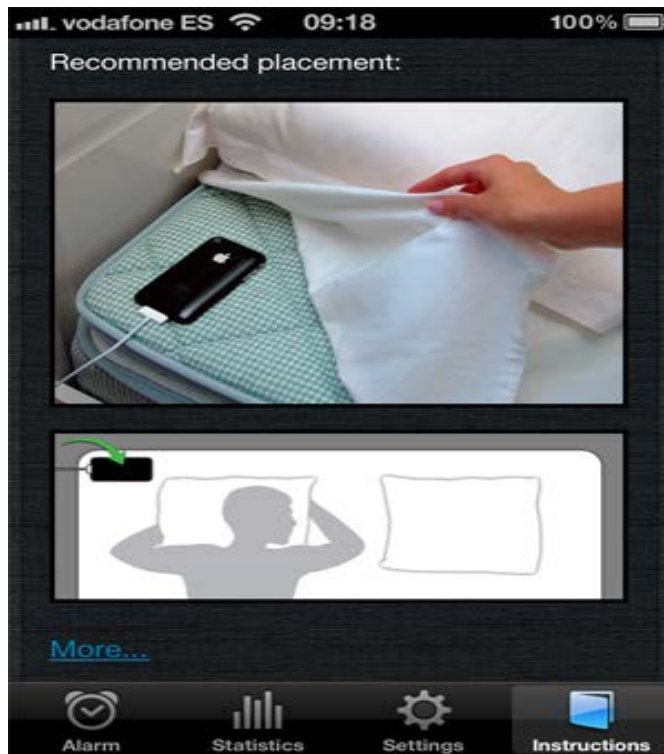


# Mobile Intelligent Sensing System





# Sleep Monitoring





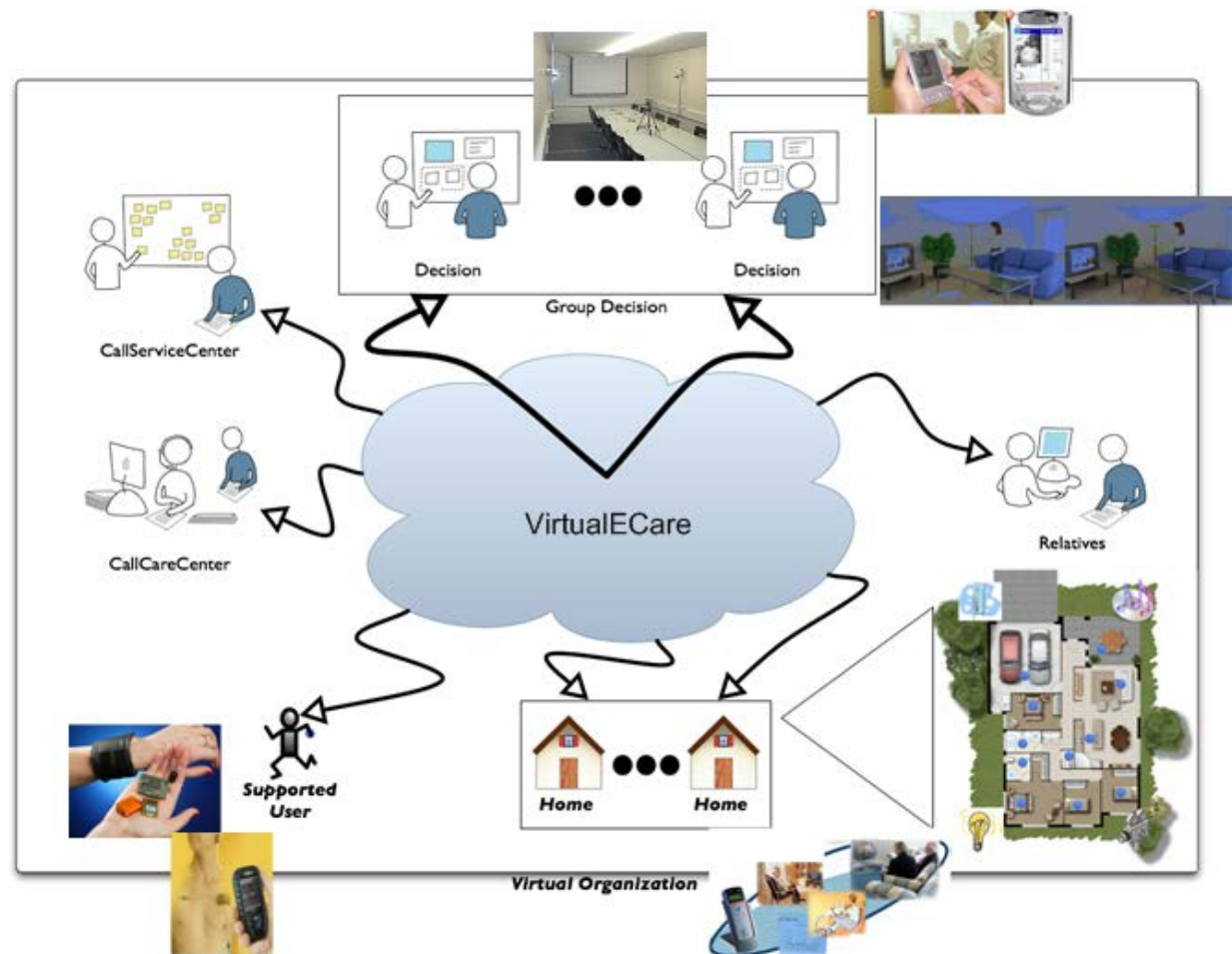


Ambient Assisted Living

VirtualECare Project

IGenda Project

NordiGenda Project





TIARAC Project

**UM Court**  
Resolução de Conflitos

Início  
Utilizador  
Formulário

1. Figura do consumidor
2. Negócio Jurídico celebrado
3. Bem de consumo
4. Bem de consumo defeituoso
5. **Prazo de Garantia**
6. Prazo para o exercício de direitos
7. Reclamação do Consumidor
8. Figura do Fornecedor

Por favor preencha os campos

**Garantia legal:**

- Bem móvel novo – 24 meses
- Bem móvel novo, cujo defeito foi denunciado. 60 meses (5 anos) da data da denúncia.
- Bem móvel usado, com a garantia legal

**Prazo convencionado: mínimo**

**Upload do Termo convencionado**

- Bem imóvel – 60 meses (5 anos) da data da entrega
- Bem imóvel usado – 60 meses (5 anos) da data da entrega
- Bem imóvel novo, cujo defeito foi denunciado. 60 meses (5 anos) da data da entrega, descontando o tempo que o consumidor ficou privado do bem de consumo, desde a data da denúncia.
- Bem móvel já substituído – 24 meses da data da substituição
- Bem imóvel já substituído – 60 meses (5 anos) da data da substituição

**UMCourt Divider** (Beta)

Index The Algorithms The Dialog System Adjusted Winner Instructions AW by Value About

**Art. 2139- 1; Art. 2169: Heritage - Spouse and Descendants EQUAL OR LESS THAN 3**

Item in the division	Value
House	150000
Car1	25000
Car2	35000

**Parties in the Division**

Family Relation	Name
Conjuge	João
Filho(a)	André
Filho(a)	Cátia

Define Preferences

**UMCourt Mobile**

Please Login or Register

Login:  [Login](#)

Password:  [Register](#)

**Personal Area**

Welcome, davidecarneiro

Tuesday, October 26, 2010

[My Profile](#)

[My Cases](#)

[Fill Case](#)

[Exit](#)



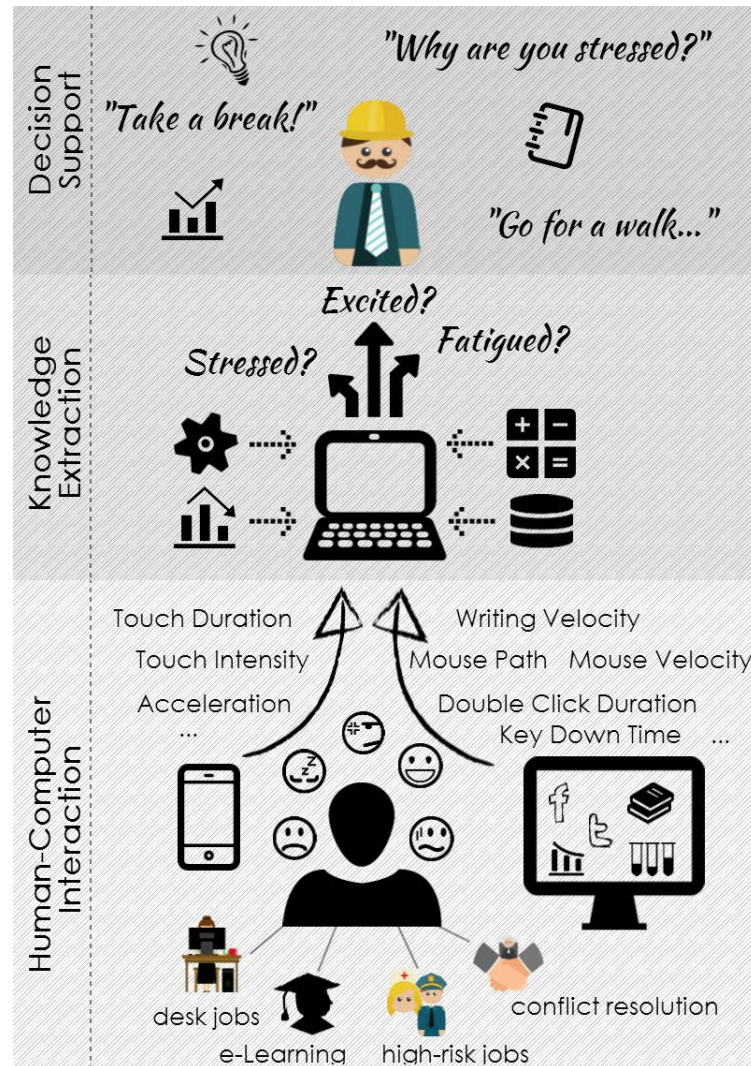
Conflict Handling Style

# Behavioral and Context Analysis in an Online Dispute Resolution Environment



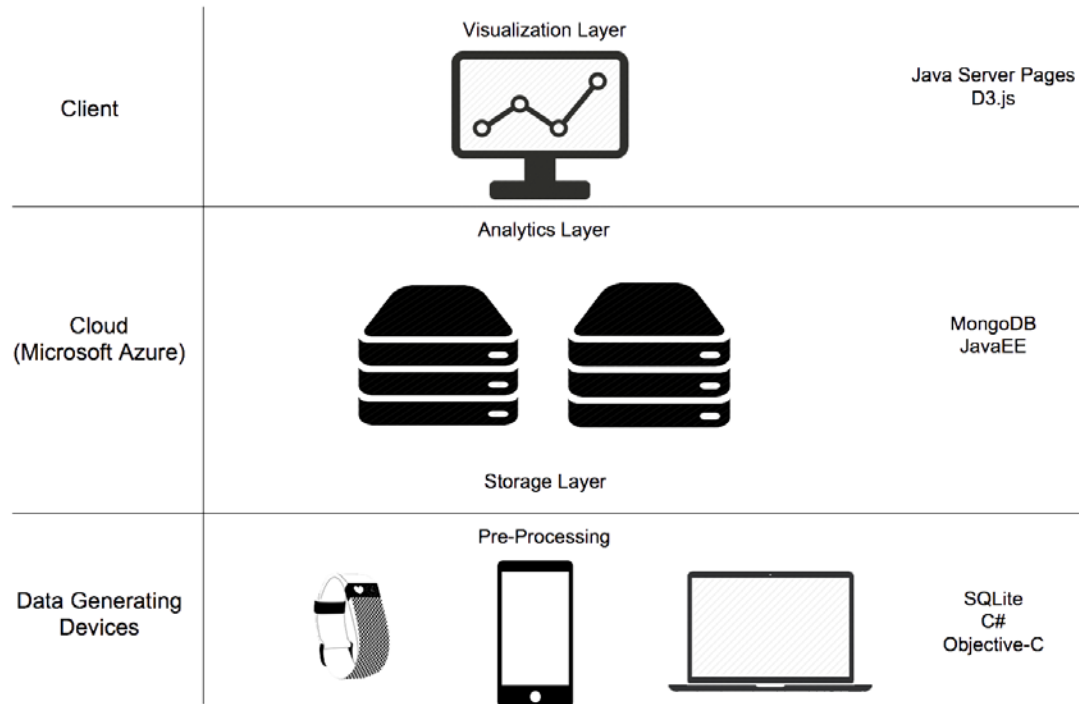


CAMCoF Project



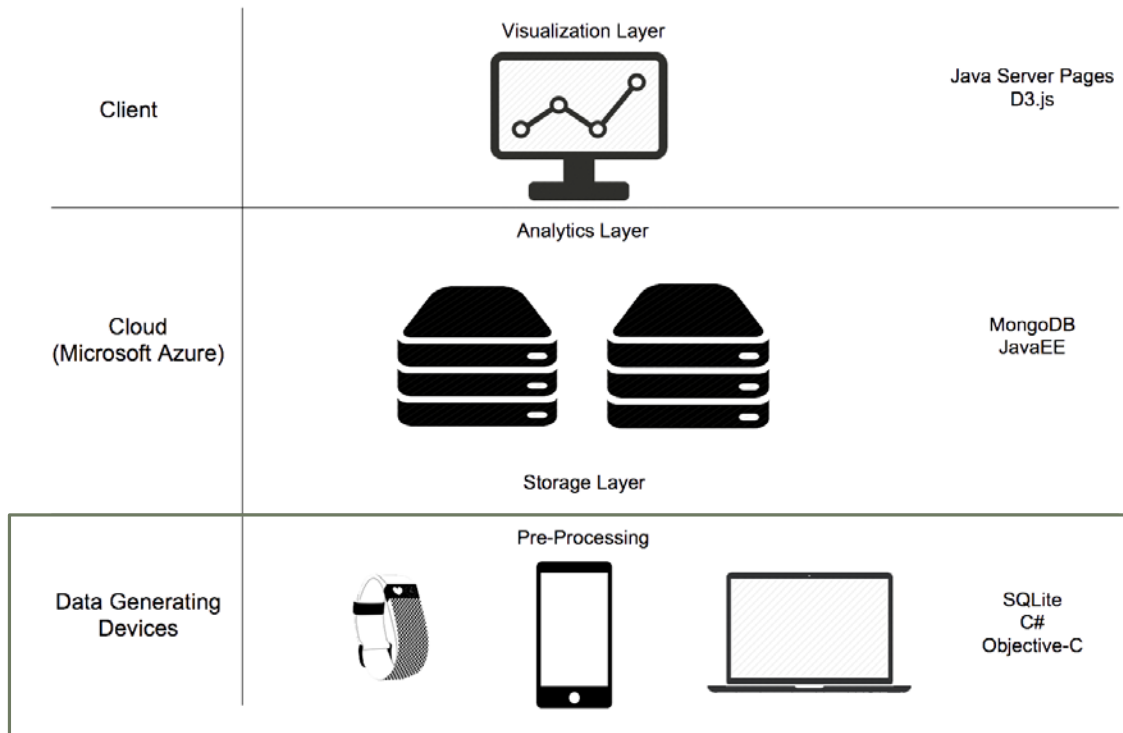


# Architecture





# Data Generating



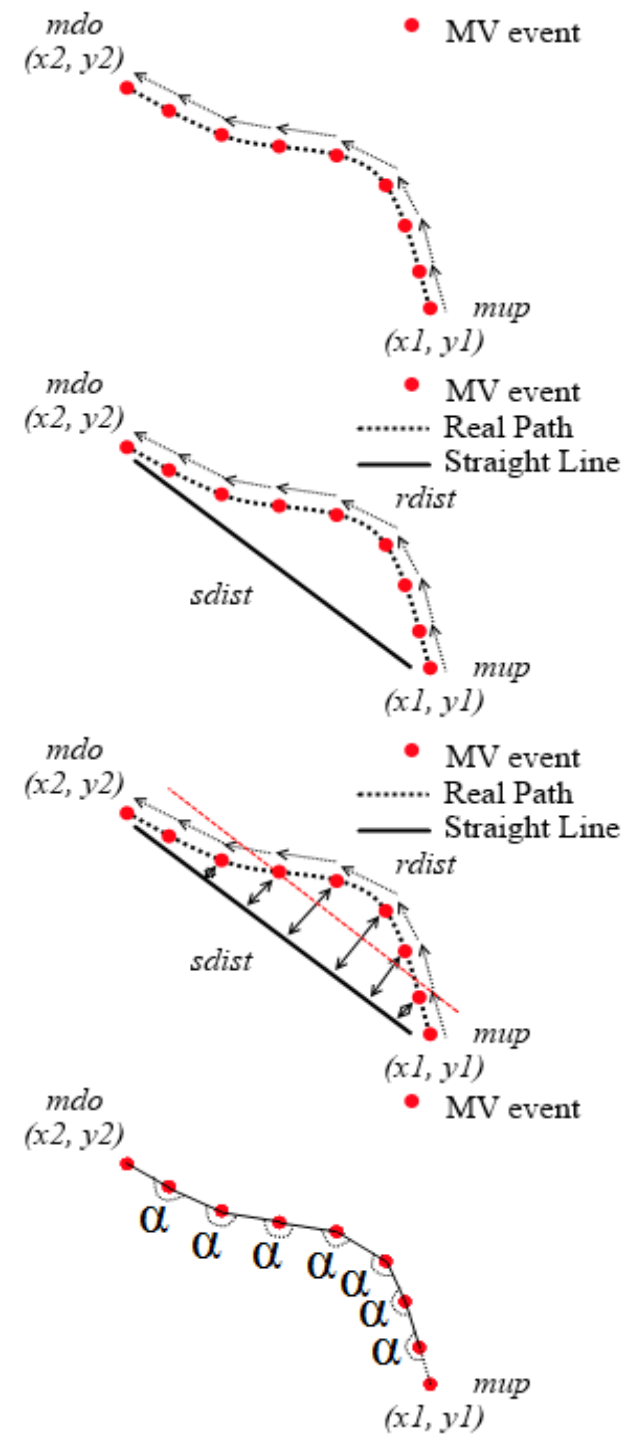
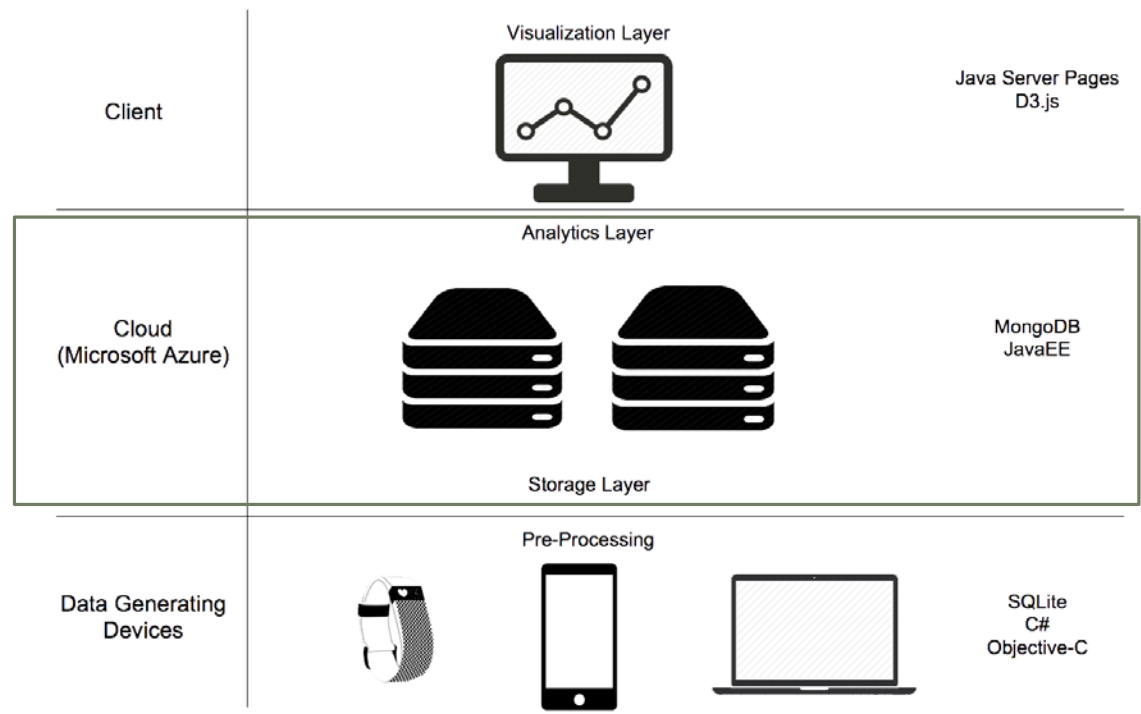
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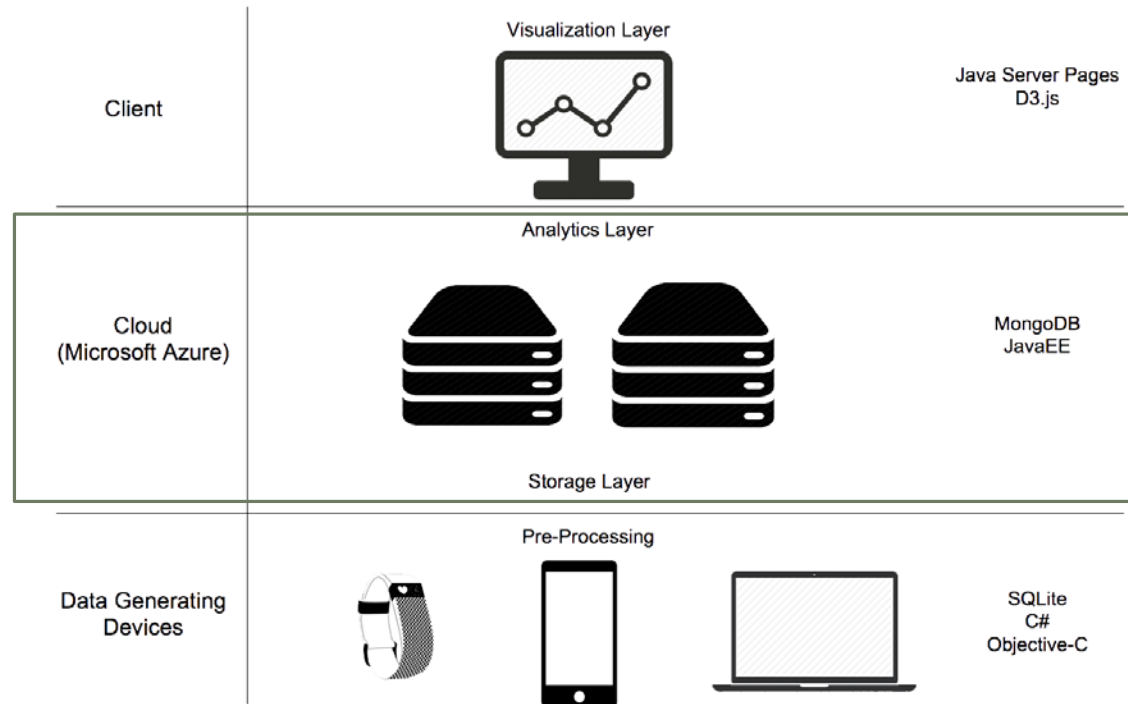


Processing





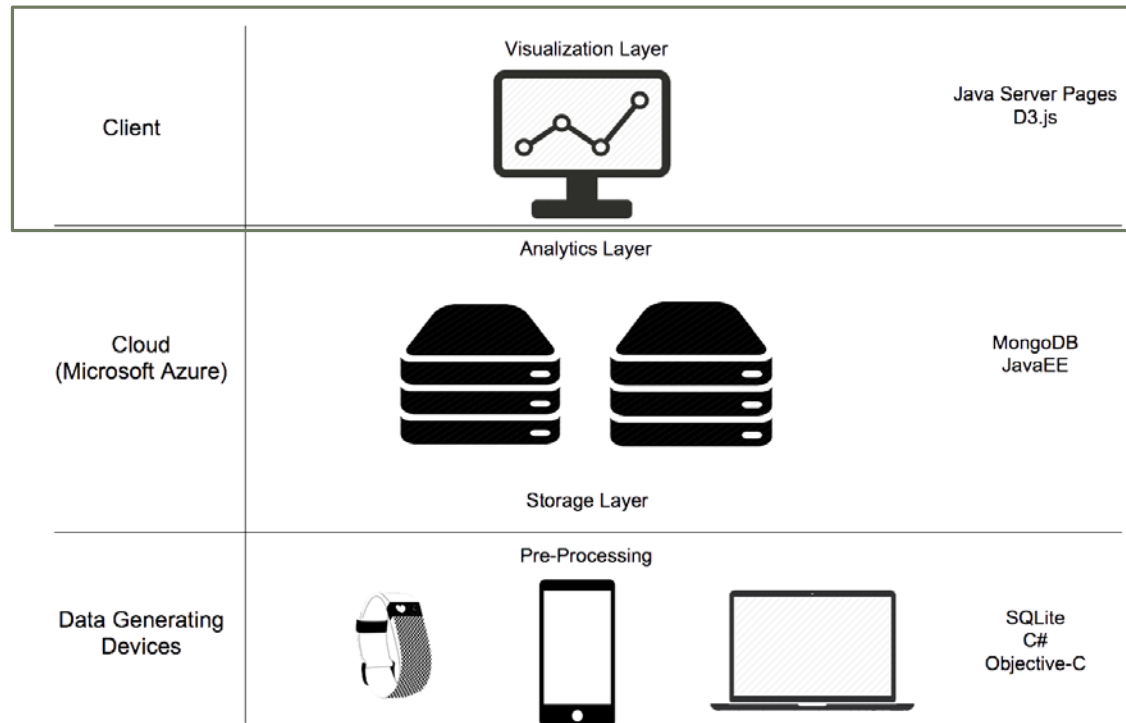
Storage





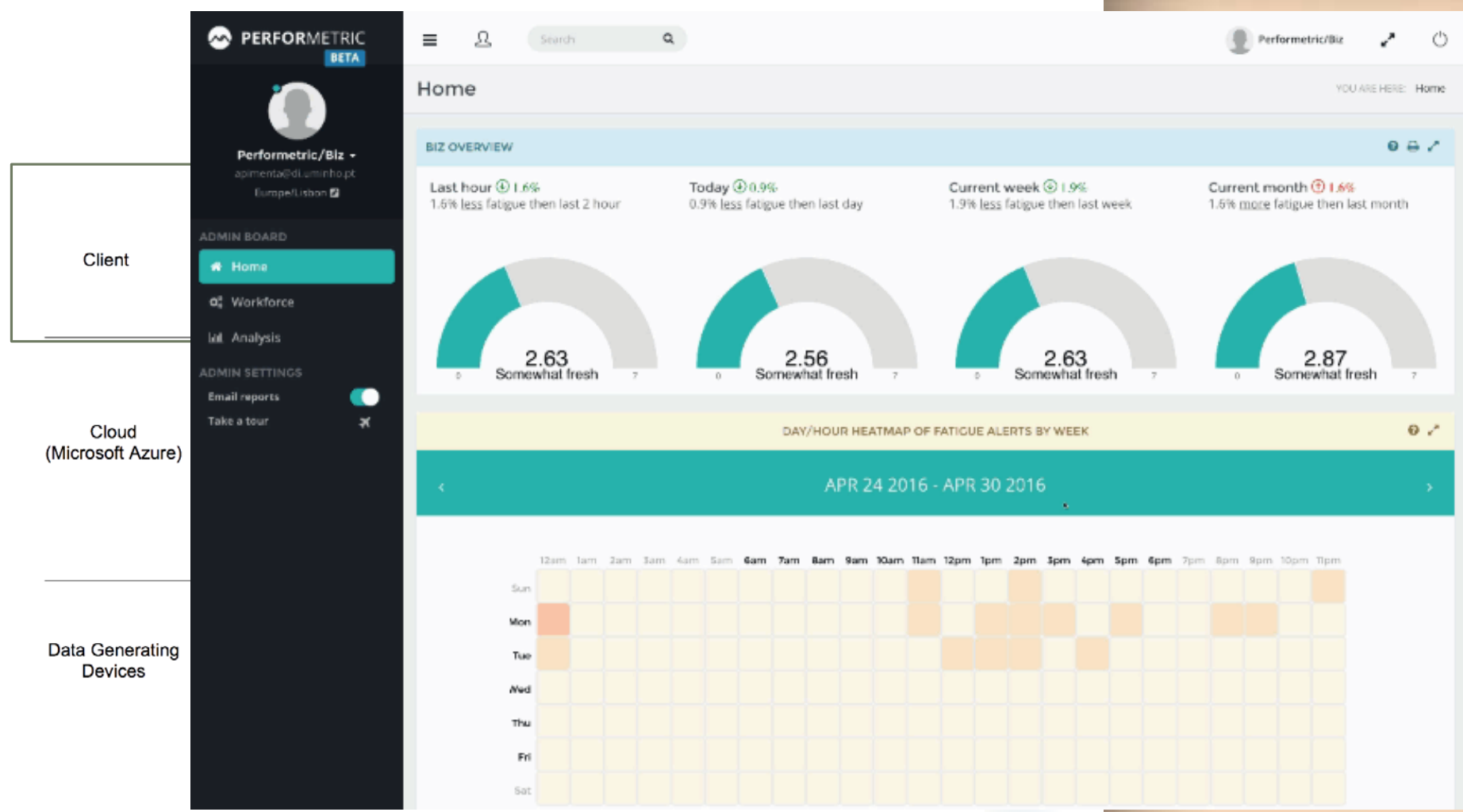


# Visualization





Big Data & HCI





Recent Publications

A neural network to classify fatigue from human-computer interaction

Authors: André Pimenta, Davide Carneiro, José Neves, Paulo Novais



2016 Article

Published in: Journal Neurocomputing, Volume 172 Issue C, January 2016, Pages 413-426

Using Mouse Dynamics to Assess Stress During Online Exams

Authors: Davide Carneiro, Paulo Novais, José Miguel Pêgo, Nuno Sousa, José Neves



Regular Paper Progress in Artificial Intelligence pp 1-6 First online: 16 February 2016

The role of non-intrusive approaches in the development of people-aware systems

Paulo Novais, Davide Carneiro

Purchase, Export, Search ScienceDirect, Advanced search



Future Generation Computer Systems

Available online 26 May 2016 In Press, Corrected Proof — Note to users

Quantifying the effects of external factors on individual performance

Authors: Davide Carneiro, Paulo Novais



# Conclusions

- Just like Human-Human interaction, Human-computer Interaction is richer in information than what we can see at first sight
- This information can be used to develop more intelligent and sensitive interfaces
- This is in-line with one of the main objectives of Human-computer Interaction
  - To put the user in the middle



# Conclusions

- The work carried out in the last years shows that:
  - Processes such as fatigue and stress have an effect on the interaction patterns
  - This effect can be measured in a non-invasive and continuous way
  - Such information can be used to improve Human-computer Interaction



“Siri and virtual assistants like her will soon change everything. I. Mean. Everything.”  
Mike Elgan, in Computerworld, Sep 21, 2015

“The speed of current breakthroughs has no historical precedent. When compared with previous industrial revolutions, the Fourth is evolving at an exponential rather than a linear pace. Moreover, it is disrupting almost every industry in every country.”

Klaus Schwab, Founder and Executive Chairman, World Economic Forum

“Looking to the future, the next big step will be for the very concept of the ‘device’ to fade away. Over time, the computer itself — whatever its form factor — will be an intelligent assistant helping you through your day. We will move from mobile-first to an AI-first world”

Sundar Pichai, Google CEO April 28 2016

# The Role of Non-Intrusive Approaches in the Development of People-Aware Systems

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